

Activities at the Jenks Center

Activity	Day	Time	Cost	Sign-up?	Group Leader
Art	Wednesday	9:30 - 11:30			Ellen Kimball
Bowling	Friday	9:30 - 12:00	\$14		
Bridge (Duplicate)	Sunday (2nd)	1:00 - 4:00	\$14		Bob Gaudet
Bridge (Rubber)	Tuesday	12:30 - 3:00	\$3		Frank Gangew
Caregivers Support	Thursday (last)	10:00 - 11:00			Suzanne Norton
Chess	Tuesday	1:00 - 3:30			Jim Herbert
Chorus	Thursday	9:30 - 11:30			Dick Pharo
Coffee & Books	Wednesday (4th)	11:00 - 1:00			Ann Wirtanen
Computer Classes and Support	Varies		Varies		
Cribbage	Wednesday	10:00 - 11:30			Doug Cromwell
Dance Fever	Friday	3:00 - 3:45	\$5		Judy Whitney, Gail LaRocca
Eating Together	Monday, Wednesday, Friday	11:30 - 12:15 12:15 - 1:30	\$3	yes	
Exercise (Total Fitness)	Monday, Wednesday, Friday	9:30 - 10:30	\$3		Marlene Carr
Financial Counseling	Wednesday (3rd)	Varies		yes	Harry Rothman
Food Management	Friday (2nd)	10:30 - 11:30			
French Conversation	Wednesday	10:45 - 12:15			Claudine Nacamuli
Italian Conversation	Tuesday	10:00 - 11:00			Betty Ellis
Keep Well Clinic	Thursday	9:30 - 10:30			
Knitting	Monday	10:45 - 12:30	\$1		Linda Faiola
Legal Counseling	Monday (last)	10:00 - 12:00		yes	Noreen Murphy
Library Online	Wednesday (2nd)	11:30 - 12:30			Ran Cronin
Line Dancing (Beginners)	Friday	12:00 - 1:00	\$4		Mary Bailey
Line Dancing (Intermediate)	Friday	1:00 - 2:30			
Mah Jongg	Monday	1:00 - 3:00	\$1		Marilyn Tempesta
Manicures	Thursday (2nd & 4th)	9:30 - 12:00	\$5	yes	Kristin Steenbruggen
Meditation	Tuesday	9:00 - 9:30			Vanessa Gobes
Men's Discussion	Wednesday (1st & 3rd)	10:40 - 12:00			Dave Wilson
Movies	Monday (2nd & 4th)	1:00 - 3:30			
Nutrition	Wednesday (3rd)	2:00 - 3:00			Jessy McNeil
Quilting	Tuesday	1:00 - 3:00	\$3		Jane Norberg
Science & Technology Discussion	Friday	10:45 - 11:45			Dave Wilson
SHINE Counseling	Thursday	1:00 - 4:00		yes	
Spanish Conversation	Thursday	10:30 - 12:00			Manuel Díaz
Square Dancing (Advanced)	Tuesday	1:00 - 2:30	\$3		Jane Carlson
Strength Training	Tuesday	3:20 - 4:20	\$5		Judy Whitney, Gail LaRocca
	Thursday	3:30 - 4:30			
Walking Club	Thursday	8:00 - 9:30			Carol Keller
Yoga & Creativity	Tuesday	9:45 - 11:15	\$48 (8 weeks) / \$8 (drop-in)		Ruth Lieberherr
	Thursday (2nd & 4th)	10:30 - 12:00			
Yoga (Gentle)	Wednesday	3:00 - 4:00			Marilyn Arnold