


September

MEALS ARE SUBJECT TO CHANGE

Monday	Wednesday	Friday
		1. Chicken Parmesan (3 oz) With Ziti Broccoli Cookies
4. Center Closed Labor Day 	6. Roast Pork Mashed Potatoes Peas Applesauce	8. Meat Lasagna Tomato Sauce Mixed Vegetables Whoopie Pies
11 Roast Turkey Low Sodium Gravy Mashed Potatoes Broccoli Brownies	13 Minestrone Soup w/Crackers Cold Sliced Meats and Cheese Sandwich Rolls Pineapple	15 BBQ Chicken Corn Roasted Potatoes Strawberries
18 Steak and Cheese Calzone Caesar Salad Cantaloupe	20 Chicken Teriyaki Brown Rice Broccoli Brownies	22 Hamburger Pasta Salad Coleslaw Mixed Fruit
25 Baked Chicken (3oz) Carrots Rice Jello with Fruit	27 Chili w/Crackers Green Salad Whole Wheat Dinner Roll Strawberries	29 Pasta & Meatballs Tomato Sauce Green Beans Cupcakes

Prepared in the kitchen of Joseph's Catering.

All meals are served with milk and 100% whole grain bread, unless specified

Please call 781-721-7136 to make your reservation. Seating is limited.

Reservations must be made at least 1 week prior to reserve a lunch

Lunch can be set up a month prior if you want to be on for the month.

You can pick your days on when you want to come or reserve all three days,

Monday, Wednesday & Friday - \$3 donation requested

We look forward to having you join us!