

August



MEALS ARE SUBJECT TO CHANGE

Monday	Wednesday	Friday
	2 Pasta & Meatballs Tomato Sauce Green Beans Jello with Fruit	4 Roast Turkey Low Sodium Gravy Mashed Potatoes Broccoli Brownies
7 Chicken Noodle Soup/Crackers Green Salad Whole wheat Dinner roll Mandarin oranges	9 BBQ Chicken Mixed Vegetables Roasted Potatoes Cupcakes	11 Cheese Lasagna Tomato Sauce Cauliflower Strawberries
14 Chicken Parmesan (3 oz) With Ziti String Beans Cookies	16 Pizza Caesar Salad Cantaloupe	18 Roast Pork Mashed Potatoes Spinach
21 Hamburger Pasta Salad Coleslaw Mixed Fruit	23 Chicken Teriyaki Brown Rice Broccoli Brownies	25 Minestrone Soup w/Crackers Cold Sliced Meats and Cheese Sandwich Rolls Pineapple
28 Baked Chicken (3oz) Green Salad Rice Honeydew Melon 4	30 Salisbury Steak Mixed Vegetables Mashed Potatoes Strawberries	

Prepared in the kitchen of Joseph's Catering.

All meals are served with milk and 100% whole grain bread, unless specified

Please call 781-721-7136 to make your reservation. Seating is limited.

Reservations must be made at least 1 week prior to reserve a lunch

Lunch can be set up a month prior if you want to be on for the month.

You can pick your days on when you want to come or reserve all three days,

Monday, Wednesday & Friday - \$3 donation requested

We look forward to having you join us!