



THE JENKS

A Center. A Community.



DECEMBER 2024 NEWSLETTER

QR CODE

PLEASE SCAN IF YOU
WOULD LIKE TO DONATE



THE JENKS CENTER OFFERS CULTURAL, EDUCATIONAL,
RECREATIONAL, AND SOCIAL SERVICE PROGRAMMING FOR AGES 55+
TO PROMOTE ACTIVE, HEALTHY, AND MEANINGFUL ENGAGEMENT AND
CONNECTIONS WITHIN THE COMMUNITY.

Please Register at www.jenkscenter.org for all Activities & Events

2 | JENKS STAFF

WINCHESTER SENIORS ASSOCIATION (WSA)

ROBERT AIN - PRESIDENT
CHRISTINE KOWALCZUK - SENIOR VICE PRESIDENT
ANNE HOFFMAN - TREASURER
MARIA RUTNAM—PROGRAM DIRECTOR
CATHLEEN SCHNELLER - BUSINESS MANAGER
NICK ASARO - FACILITIES MANAGER
HILARY CELENTANO - EVENTS COORDINATOR
TINA BELLOMY - WEEKEND ADMINISTRATOR
LINDA McCARTHY - WEEKEND ADMINISTRATOR
CHRISTINE LEONARD - WEEKEND ADMINSTRATOR
FRED BENSON - FACILITIES STAFF
SCOTT DROWN - FACILITIES STAFF
ANDREW GILLIS - FACILITIES STAFF
NICK ROMEO - FACILITIES STAFF
JEFFREY WHALEN - FACILITIES STAFF
JAMES ASARO - FACILITIES STAFF

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JENNIFER WILSON - CHAIR COA BOARD
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SUE WHITTEN CLARK - TRANSPORTATION
COORDINATOR
BOB CAREY-DRIVER
DOUG WILKINSON - DRIVER
PAUL GANGI—DRIVER

BETTY MINASSIAN—JENKS PATRON ADVOCATE
JAN PORELL—VOLUNTEER COORDINATOR
MICHELLE ZHANG—JENKS AMBASSADOR

COUNCIL ON AGING ARPA GRANT

Winchester Council on Aging is very grateful to the Winchester Select Board for their \$15,000 grant award of ARPA funding to provide nutritional enhancements for the upcoming holidays.

The COA has planned a significant number of holiday events with the financial backing of this grant that include:

- Upgrade of six lunch meals of our Meet Up Monday lunches
- Bags of fresh vegetables from Farmer Dave's
- Traveling Chef carving station for NY Eve lunch
- Gift cards to Market Basket and Stop and Shop for those in need
- A special breakfast event and more

WEEKLYS

MONDAYS

1:00pm - 3:00pm Mahjong
 9:00am - 10:30am ESL
 1:30pm - 3:30pm Conversational English

TUESDAYS

10:00am - 11:00am Conversational Italian
 11:15am - 12:15pm Conversational Spanish
 12:30pm - 3:00pm Bridge
 1:00pm - 3:00pm Quilting

WEDNESDAYS

9:00am - 10:45am Art
 9:00am - 12:00pm Cribbage
 10:45am - 11:45pm Conversational French
 1:00pm - 3:00pm Canasta
 1:00pm - 3:00pm One-on-One Tech Help
 1:00pm - 2:00pm Poetry (Hybrid - 2nd Wednesdays)

THURSDAYS

9:00am - 10:30am Conversational English
 9:30AM - 10:30AM Jenks Chorus
 11:00am - 12:00pm Current Events (Virtual)
 12:15pm - 1:30pm Chinese Classical Dance
 12:30pm - 3:00pm Bridge
 2:00pm - 3:00pm Conversational German (2nd & 4th Thursdays)

FRIDAYS

1:00pm - 3:00pm Mahjong
 1:00pm - 3:00pm Instructional Pickleball (Sign up Required)
 9:30am - 11:30am Beginners Chinese Calligraphy

DAY EVENTS

Coffee Hour & Computer: Monday - Friday, 9:00 am - 3:30pm and Saturdays 9:00 am - 2:00 pm.

Ping Pong & Pickleball: Open Play Times vary. Schedules at the front desk.

Men's Discussion Group with Johnny Russo, Monday, December 9 & 23, 11:00 am: Join this group, every alternate Monday, to discuss current events and items of mutual interest.

Meet Up Mondays, December 2, 9, 16 & 23, 12:00 pm: Trio Catering will provide a meal for up to 50 patrons through Minuteman Senior Services. A \$2 donation is recommended. Registration required and may be limited to 2 lunches per month. The menu will be posted on the website and at the front desk.

Festival of Life, Tuesday, December 4, 1 pm - 3 pm: This annual holiday party sponsored by the **Winchester Co-Operative Bank**, the Jenks Center and the Winchester High School Chorus is a celebration of the gift of life. Once again, the bank will generously provide patrons with holiday gift bags and lunch. The WHS Chorus will entertain us with a holiday sing along. **Attendance will be restricted to 125 patrons for lunch- registration required.**

Livable Communities: Missing Middle Housing, Friday, December 6, 2:30 pm: In too many communities, walkable, small- to mid-sized housing that's affordable for middle income households can't be found because it no longer exists. Join us for a conversation about the history, barriers, and why middle housing is a needed housing option for people of all ages. This program is presented by the AARP speakers bureau.

Holiday Concert with Eric Kilburn & The Swing Café, Tuesday, December 10, 11:00 am: Join us for holiday music and Jazz American Song Book Standards. *Sponsored by the John & Mary Murphy Foundation.*

BINGO - Wednesday, December 11, 2:00 pm: Come join us for a good old-fashioned game of Bingo, a game that can be competitive in a fun way. All you need is a dash of luck, knowing that skill has very little to do with the outcome. Winning prizes will be goodie-bags.

Holiday Breakfast with the Jenks Chorus Thursday, Dec 12, 9:30 am - 11:00 am: Maximum 60. This is another "special event" with ARPA funding from the Winchester Select Board. Join us for a catered breakfast from Nellio's featuring your favorite breakfast foods such as scrambled eggs, sausage, bacon, French toast and more.

4 | REGISTRATION REQUIRED FOR ALL EVENTS

DAY EVENTS (CONTINUED)

Wilson Science & Technology Forum – Friday, December 13, 10:30 am: Patrick Roche of Good Energy will speak on *Renewables in Massachusetts*. Good Energy is Winchester’s municipal electricity aggregation broker and consultant. They are experts on electricity markets, including Renewable Energy Certificates, and run the WinPower program for the Town.

“Sounds of the Season” Holiday Concert with Nate Ramsayer, Friday, December 13, 11:00 am: Join Jenks favorite Nate Ramsayer on a journey home for the holidays! Besides being an archaeologist and lecturer, Nate is also a professional singer! He will perform a concert of classic Christmas songs, with some beloved arrangements by Bing Crosby, Johnny Mathis, Josh Groban, Michael Bublé, and many others. You’ll also hear some traditional carols as well, while you experience that “gingerbread feeling” of the Christmas spirit! *Sponsored by the John & Mary Murphy Foundation.*

Holiday Music of the 1940’s with John Clark, Tuesday, December 17, 11:00 am: Sit back and enjoy an hour of familiar and loved holiday music from the 40’s. You’ll hear the fascinating stories behind the writing of cherished songs such as Rudolph the Red-Nose Reindeer, Baby It’s Cold Outside, Winter Wonderland and more. *Sponsored by the John & Mary Murphy Foundation.*

Friendly Feud, December 18, 11:00 am: Looking for a great time with friends? Modeled after the popular TV game show, Friendly Feud will surely entertain - whether joining team Red or Blue, or cheering on your friends! Attend this exciting game show presented by Assisting Hands Home Care to test your knowledge of pop culture and trivia! Don't miss this opportunity - guaranteed smiles and laughter! Light refreshments will be provided.

New Year’s Eve Luncheon, Carving Station NYE: Tuesday, Dec 31, 12:00 pm: Join us to toast the New Year and enjoy a very special to the upcoming lunch featuring the Traveling Chefs from Trio Catering. The menu features a carving station with roast beef and roast turkey along with scalloped potatoes, green beans and apple pie. Limited to the first 60 patrons who register.

SURVEY ON AGING PARENT & LOVED ONES

The Winchester Council on Aging & The Jenks Center are partnering to connect neighbors interested in having a conversation about support for adults with aging parents and loved ones in and outside of Winchester.

Support to become Proactive Partners with Aging Parents and Loved Ones

Help us identify where there is greater need for resources and learn what is already available to gain the skills and support to be compassionate partners.

Please Scan the QR Code to take the Survey



EVENING EVENTS

SPONSORED BY CUMMINGS FOUNDATION GRANT

Irving Berlin's White Christmas with Debra Block, Tuesday, December 3, 7:00 pm: Bring your stories and join theater director Debra Block, for an evening of singing and sharing beautiful memories of winter holidays past. In addition to learning about Tin Pan Alley and Irving Berlin, we will view film clips from the movie "White Christmas." *Sponsored by a generous grant from The Cummings Foundation.*

Deck the Halls: Female Abolitionists and the Birth of Christmas Traditions with Ken Torino, Tuesday, December 9, 7:00 pm: Ken Torino will reveal how mid-nineteenth century female abolitionists – like Maria Chapman, Lydia Marie Child, and Abby Kelly- played a key role in shaping the holiday as we know it today. Discover the inspiring stories of these women and how their holiday efforts contributed to both social change and the festive customs we cherish today. *Sponsored by a generous grant from The Cummings Foundation.*

Andrew Joslin on his Rescuing Tree Climbing Adventures and Interactions with Wildlife Rehabilitation, Tuesday, December 17, 7:00 pm: Joslin a professional tree climber, naturalist, and artist, will talk about his climbing experiences with hawks and owls and the difficult problem of rodenticide threats to our local raptors. Andrew has become the go-to in eastern Massachusetts for getting stuck cats out of trees. *Sponsored by a generous grant from The Cummings Foundation and The Menotomy Bird Club.*

SATURDAY EVENTS

Tried & True Step Aerobics with Gail LaRocca: Saturdays, 8:30 am: Starts December 7. 4 classes. Cost: \$24.00.

Mindfulness Basics and Practice with Neil Motenko: Saturdays, 10:00 am: Starts December 7. 3 classes. Cost: \$18.00. No class on December 28.

Cribbage December 7, 14, 21 & 28, 11:30 pm - 2:30 pm; **Yarnies** 1st and 3rd Saturdays, 10:00 am—12:00 pm

Winchester High School Tri Music Community Concert, December 7, 11:00am: Join us for a morning of celebration with the talented kids from the Winchester High School.

Ballet Arts Centre of Winchester presents Nutcracker "To Go" with Debra Boyle, Saturday, December 7, 3:00 pm: Ballet Arts Centre of Winchester is proud to present a special performance of Nutcracker "To Go". Audiences of all ages are invited to join us as our talented students bring this festive holiday tradition to life! *Sponsored by a generous grant from the Cummings Foundation.*

Warm the Winter's Night with Irish harpist/singer Aine Minogue, Saturday, December 7, 3:45 pm: Harpist/singer Aine Minogue will warm our hearts with her angelic voice and the music of angels, to herald in the holiday season. This Irish harpist combines a hypnotic Celtic spirituality and contemporary sophistication in her playing and delicately lovely singing. *Sponsored by a generous grant from the Cummings Foundation.*

"Game night" with Winchester High School Students, December 14, 12:00 pm: Join Winchester High School students for an afternoon of games.

Holiday Sing Along with the Jenks Chorus, December 14, 1:00 pm: The JENKS Chorus invites you to a program of Holiday songs. Come join the festivities of the season. Light refreshments will be provided.

Modernistics Trio Holiday Concert, December 21, 11:00am: The Modernistics Trio - Ted Powers on vocals, tap-dance, harmonica, banjo, and guitar; Peter H. Bloom on flute; and Dave Zox on double-bass, will perform the Swinging Holiday Hits from the Great American Songbook. Come listen to exuberant songs, tap-dance, and instrumental numbers, with like Sleigh Ride, Winter Wonderland, Let It Snow, and more. The Modernistics Trio have played together for decades, celebrating music from the 1920s, 30s and 40s.

WELLNESS

Meet up with Blue, therapy dog! Thursday, December 5, 10:30 am-11:30 am: Please stop by to meet Blue, Golden Retriever therapy dog, and his owner, Anne Hollesen.

Concepts of Grief and Loss, Thursday, December 5, 1:30 pm: Please join us for a program presented by Care Dimensions Learning Institute. This program explores various types of loss, how people grieve, and ways to support those who are grieving.

Caregivers Connect Group (Two Dates) December 5 (regular group) & December 19 (special guest), 11:00 am: Join us either in person or virtually for the usual support group meeting on December 5. The second meeting this month will be centered around Creating Positive Energy and Healing and Reflection for the Holiday Season. We will have special guest Debra Strafuss, Reiki Teacher and Author and Poet lead the group in a Reiki Healing Meditation for Caregivers. Meets each month on the Second and Fourth Thursday of each month: Register to obtain your zoom link or attend in person.

Sleep Disorders and the Brain -a two-way street, Friday, December 6, 10:00 am: Please join Dr. Patwa, Director of the Sleep Disorders Center at Winchester Hospital, for a discussion of the effects of neurologic conditions on sleep quality and sleep related behavior. The potential harbinger of and contribution to Dementia and Parkinson's disease. Also, the relationship of sleep disorders with memory and learning. The logic for early detection and treatment of sleep disorders.

Nourish Program, Tuesday, December 10, 10:30 am-11:30 am: Join the Sounds of Grace choir as they sing familiar carols and holiday music! Nourish is a group that meets monthly to promote brain health, encourage socialization, and stimulate the five senses through music, crafts, and fun activities. All are welcome as we focus on nourishing our mind, body, and soul.

Staying STEADI As You Age Balance Class, Thursdays, 10:30 am-11:30 am OR Fridays 9:00 am - 10:00 am: Dr. Katie Wadland, Board Certified Geriatric Clinical Specialist, and her associates, will lead this balance class designed to make participants fall-prepared! We request that you commit and sign up for the whole month of classes. Choose either Thursday or Friday classes per month. Online Registration required MONTHLY, on a first come, first served basis. Please Note: No Class on 12/26.

Solo Ager Network: What if you Don't Have a Healthcare Agent or Power of Attorney? Thursday December 12, 1:30 pm – 3:30 pm: If you are unable to make healthcare, financial or legal decisions for yourself, who will be there to make decisions for you? Kathy L. McNair, Esq., Elder Law Attorney at Senior Solutions Attorneys at Law LLC will discuss how to choose a Health Care Proxy, Power of Attorney, and Trustee, with a focus on what to do when you don't have someone to appoint in these roles and what happens if these legal documents are not in place or if agents are not able to serve. Resources will be shared, including the Aging Allies and Safety Net programs, and the Solo Allies website, providing a directory of professional services.

Blood Pressure Clinic, Thursday, December 12, 10:00 am-12:00 pm: The Jenks nurse will be offering blood pressure checks at the center, an appointment time is necessary. Please call the center.

BenefitsCheckUp®: Friday, December 13, 2:00 pm: Meet individually with Jenks Social Worker to see what benefit programs you may be eligible for or get assistance with your existing benefits. Please call 781-721-7136 x 15 to schedule your confidential appointment, or email snorton@winchester.us.

Reiki Healing Circle, Thursday, December 19, 10:00 am – 11:00 am: Enjoy a light discussion designed to help you understand more about the energies and benefits of Reiki, followed by a Reiki infused guided meditation for healing and renewal.

Podiatry Clinic, Friday, December 20, 8:00 am-1:00 pm: Dr. Seligman is a Board-Certified Podiatrist. There is a \$35.00 fee payable in check or cash. To make an appointment please call the center.

Nia-Moving to Heal— No class in December. Audrey looks forward to seeing you again on January 29, 2025.

Nutrition with Jessy—No Class in December. She looks forward to seeing you on January 27, 2025.

EXERCISE



VIRTUAL: FABBS Exercise, Mondays & Wednesdays at 8:00 am; Fridays at 9:00 am: Starts Monday, December 2. Instructor: Hilary Celentano. 9 classes. Cost: \$54.00. No class on December 23, 25, 27 & 30.

FABBS Exercise, Mondays & Wednesdays, 9:00 am and 10:00 am: Starts Monday, December 2. Instructor: Hilary Celentano. 6 classes. Cost: \$36.00. No class on December 23, 25 & 30. Jenks Shuttle Service available, call 781-721-7136 to schedule. *There are 2 sessions of in person FABBS. One at 9:00 am, another at 10:00 am.*

HYBRID: 3 in 1 –‘Aerobics, Muscle, Stretch’, Mondays & Wednesdays, 4:30 pm: Starts Monday, December 2. Instructor: Gail LaRocca. 8 classes. Cost: \$48.00. No class on December 25. *Option to sign up for only Mondays or Wednesdays.*

IN PERSON/VIRTUAL: Tai Chi, Tuesdays & Thursdays, 8:30 am: Starts Tuesday, December 3. Instructor: Hilary Celentano. Tuesdays at the Jenks Center, Thursdays are virtual. 6 classes. Cost \$36.00. No class on December 24, 26 & 31.

HYBRID: Step & Muscle Conditioning, Tuesdays & Thursdays, 8:30 am: Starts Tuesday, December 3. Instructor: Judy Whitney. 4 classes. Cost: \$24.00. No class on December 17, 19, 24, 26 & 31. *Option to sign up for only Tuesdays or Thursdays.*

Gentle Yoga, Tuesdays, 9:45 am: Starts December 3. Instructor: Ruth Lieberherr. 3 (90 minute) classes. Cost: \$27.00. No class on December 24 & 31.

HYBRID: Aerobics, Tuesdays, 3:00 pm: Starts December 3. Instructor: Judy Whitney. 2 classes. Cost: \$12.00. No class on December 17, 24 & 31.

Tai Chi Beginner Class, Tuesdays, 4:30 pm: Starts December 3. Instructor: Hilary Celentano. 3 classes. Cost \$18.00. No class on December 24 & 31.

HYBRID: Muscle Conditioning, Thursdays, 3:00 pm: Starts December 5. Instructor: Gail LaRocca. 4 classes. Cost: \$24.00.

VIRTUAL: Yoga and Meditative Movement, Thursdays, 3:00 pm: Starts December 5. Instructor: Marilyn Arnold. 3 (90 minute) classes. Cost: \$27.00. No class on December 26.

HYBRID: Dance Cardio & Super Stretch, Fridays, 3:00 pm: Starts December 6. Instructor: Gail LaRocca. 4 classes. Cost: \$24.00.

Tried & True Step Aerobics with Gail LaRocca: Saturdays, 8:30 am: Starts December 7. 4 classes. Cost: \$24.00.

Mindfulness Basics and Practice with Neil Motenko: Saturdays, 10:00 am: Starts December 7. 3 classes. Cost: \$18.00. No class on December 28.

To register for the monthly session or for more detailed class descriptions: Visit our website at www.jenkscenter.org or call us at 781-721-7136.

HYBRID classes offer your choice of in person or virtual attendance. If class is VIRTUAL or HYBRID, you will receive a link to be used for every class in session at registration.

8 | PLEASE REGISTER

JENKS MOVIES — FRIDAYS 1PM



AT THE MOVIES!

The Holdovers **December 6**

A grumpy, rigid New England prep school teacher got stuck staying behind on Christmas break to watch the trouble-making students who can't go home.

Starring: Paul Giamatti and Da'Vine Joy Randolph.

The Family Stone **December 20**

This Christmas holiday in a small New England town, a son brings his uptight girlfriend home to meet his bohemian Connecticut family.

Starring: Dermot Mulroney, Sarah Jessica Parker, Diane Keaton and Craig Nelson.

An Affair to Remember

December 27

Two people who are engaged to other people meet on a cruise to New York. They form a romantic relationship and agree to meet in six months' time at the top of the Empire State Building.

Starring: Cary Grant, Deborah Kerr

CAREGIVER RESPITE DROP-OFF PROGRAM

Wednesday, December 11

10:00am—12:30 pm

This new program will be twice a month. Sign up is REQUIRED at least a week ahead of each session. A brief pre-screening is REQUIRED before attending. There is no fee, and the program is open to Winchester residents and surrounding communities. Space is limited. Please contact Colleen, Jenks Nurse, at 781-721-7136. Please see following for program description: This non-medical weekly program aims to provide a safe and nurturing environment for adults with various types of impairment such as: Mild Cognitive Impairment (MCI), Alzheimer's Disease, Parkinson's Disease, and other forms of dementia. The Winchester Council on Aging strives to support caregivers by allowing a brief respite to attend an appointment, do errands, or attend to other needs that can be difficult as role of caregiver. All the while, your loved one will be in a safe, supervised, and stimulating environment. Different activities will be offered like chair exercise, music, storytelling, and games. A light lunch will be served.

Criteria for Participants in the Program:

- ◆ Age 60 years and older
- ◆ Continent of bathroom needs,
- ◆ Ability to feed themselves
- ◆ Not verbally or physically abusive,
- ◆ Able to be re-directed if prone to wandering
- ◆ Best suited for individuals who are ambulatory (may use a cane, walker, or wheelchair)

9 | PLEASE CALL 781-721-7136 X17 FOR RESERVATION

JENKS SHUTTLE SERVICE

***In case of inclement weather, transportation service may be canceled if roads are slippery.**

Free round-trip, door to door shuttle service to and from local shopping centers and other venues provided by the Jenks Center.

Transportation to the Jenks, for shuttle trips, is available to Winchester residents only.

Non-residents may meet at the Jenks to go on shuttle trips. Please inquire when registering.

Please call to reserve a spot, occupancy limited to 12 people unless noted otherwise.

Patrons must be able to navigate all Jenks shuttle & van trips independently, without assistance. Expect destinations to have uneven terrain.

Walmart, N. Reading – Tuesday, December 3. Also includes Marshalls, Dollar Tree and AAA. Pick up begins at 9:30am. Approx. 1 ½ hours for shopping.

Assembly Row, Somerville – Tuesday, December 10. We will be going to the outlet side- Reebok, Saks Off Fifth, Clarks, Coach, Mikes Pastry, Tatté Bakery Café, and many more restaurants and shops. We will leave the Jenks Center at 9:30am and leave the outlets for home at 12:30pm.

Merrimack Outlets- Wednesday, December 11. Shop the outlets in tax free New Hampshire. We will leave the Jenks Center at 9:30am and leave the outlets, return trip at 1:30pm.

Encore Casino, Everett – Tuesday, December 17. Round trip transportation to Encore, shuttle leaves the Jenks Center at 9:30am and picks up for the return trip at 1:30pm. You must be completely independent or provide your own attendant for this trip.

TRIP: Fantastic Tours & Lunch: The Residence at Bedford, December 18, 1:00pm: The Jenks Shuttle is on the road, visiting local assisted living and senior living residences in the area. We will visit a different place each month. This month we are visiting the Residence at Bedford. Space is limited. To reserve your spot, call the Jenks Center and speak to our transportation coordinator. (781)721-7136 Ask for Sue Clark.

Shuttle Service to the Jenks for Winchester

Residents- available for FABBS exercise Monday and Wednesdays. There is also limited availability for transportation via the shuttle for other programs, call for more information.

Round-trip door to door shuttle service for grocery shopping on Mondays and Thursdays: Take the Jenks shuttle to Market Basket and HMart in Burlington on Mondays or Market Basket Plaza in Woburn on Thursday mornings.

Please note: You must be able to independently navigate during the trip. Shoppers are limited to 5 bags. Pick up begins at 9:30 am. Approximately an hour and half of shopping time.

- ◆ The Jenks Center will be closed for Christmas on December 25.

Please call the Transportation Coordinator at least two business days in advance to reserve your spot.

WITH VOLUNTEER DRIVERS

Travel anywhere in Winchester, Monday—Friday from 9am – 4pm for medical, dental, grocery shopping, and banking.

Adjacent towns for medical appointments and food pantry only.

This service is curb to curb. Please call a week in advance to schedule.

All Ride requests for Monday & Tuesday must be received prior to 2 pm on Thursday of the previous week.

Please Note: Patrons must be able to independently navigate their trip without assistance.

JENKS MEDICAL TRANSPORTATION

Local medical transportation provided by the Jenks Medical van with wheelchair accessibility.

Please call 781-721-7136 X17, at least one week in advance to schedule. Please Note: Limited availability.

10 | PLEASE CALL THE CENTER FOR RESERVATION

ADDITIONAL MEDICAL TRANSPORTATION

Transportation to medical appointments in the Greater Boston area is provided by SCM Door to Door.

Monday through Friday 9am start – 4pm return. Wheelchair accessible. Subject to provider availability.

Call 781-721-7136 X17, at least one week in advance to schedule.

TAXI VOUCHERS

In partnership with Woburn Checker Cab, taxi vouchers are available to Winchester seniors to purchase at a reduced rate of \$5 each. The vouchers are valid for use within Winchester and abutting towns only (Arlington, Lexington, Medford, Stoneham and Woburn).

Rides within Winchester cost one voucher each way (2 per trip). Rides to abutting towns cost two vouchers each way (4 per trip). In person sales on Tuesdays 10am - 1pm. Mail order available. The maximum monthly allowance is ten vouchers.



HOLIDAY RAFFLE BASKETS

Come Join us to win Big!

The Jenks Center

December 1st— 20th, 2024

9:00 am to 3:00 pm Monday—Friday

9:00 am to 2:00pm Saturday

\$3 per ticket

Winners will be announced Friday, December 20, 2024

11:00 am

**Quilts, Recliner, Witney Point Blanket, Instant Pot, Cordless Vacuum,
Air Purifier, Mahoney's gift card.....and much more!**

All proceeds will benefit the WSA's 2025 Programming.



11 | AT THE JENKS CENTER!

SUPPORT THE JENKS — AND SHAPE YOUR COMMUNITY FOR ACTIVE LIVING!

Dear Friends,

With pride and joy we know that the Jenks is not just a center, it is a community. As a community, we celebrate the Jenks' ability to offer activities crucial to the evolution of a fruitful life, particularly as we age. As a community, we also delight in our collective ability to support and shape future programming for active and healthy aging.

We are grateful you are a member of our Jenks community and invite you now to make a charitable gift to the Winchester Seniors Association (WSA).

The Jenks' success owes itself to an outpouring of our members' support. Your past generosity has helped us achieve another banner year:

- ◆ Attendance increased with over 3,300 visitors enjoying the Jenks.
- ◆ • Exercise programs have been especially in demand, leading to over 700 classes offered in FY2024 and a ~30% increase in participation over the previous year.
- ◆ • "Saturdays at the Jenks" as well as our many lectures, classes and cross-cultural activities have drawn in many new members from multi-ethnic backgrounds.

Looking forward, your participation in our 2024-25 annual appeal is key to our future. To run the Jenks Center, the WSA relies on annual tax-deductible gifts to help balance our budget and ensure we continue to provide programming for adults aged 55 and over at very reduced rates or for free. As a 501(c)(3) non-profit organization who receives virtually no federal, state or town funding, **we need your help.**

Can you help us meet our \$100,000 goal?

Gifts of all sizes make a meaningful difference and help cover a wide range of expenses. Your generous support of the Jenks ensures a higher quality of life for our community's older adults.

Thank you for your consideration and we look forward to seeing you soon.

Sincerely,

Robert Ain

President, Winchester Seniors Association

P.S. Thank you for supporting our annual appeal and strengthening your community for active living! Please give by returning your donation using the enclosed envelope and card or at <http://www.jenkscenter.org/donate>.

Here is my gift of : \$1000 ___ \$500 ___ \$250 ___ \$100 ___ \$50 ___ Other _____

Please list my/our name (s) as: _____

Check Enclosed _____ (please make payable to the WSA)

Pay by Credit Card _____ (only for donations of \$50 or more)

Visa _____ MasterCard _____

Account #: _____

Expiration Date: ____/____

CW: _____ (3 digit code from back of card)

Signature: _____

Please write **Annual Appeal** on the face of your check.

**** Please mail this slip along with your check or card info to:**

Winchester Seniors Association, Inc

Jenks Center

109 Skillings Road

Winchester, MA 01890

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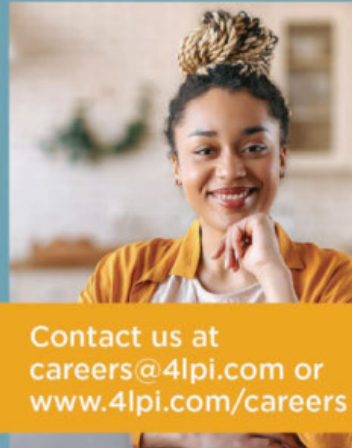
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The Jenks Center will be closed on the following days:

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Wednesday, December 25 in observance of Christmas

Wednesday, January 1 in observance of New Year's Day

