# Winchester Seniors Association, Inc. ANNUAL REPORT APRIL 1, 2023—MARCH 31, 2024

# **The Year in Review**

"Meet me at the Jenks!"

Our old catch phrase was more popular than ever this past year, as 2023-2024 saw the Jenks Center overflowing with people connecting together through all sorts of activities. The Winchester Seniors Association (WSA) is humbled and inspired by the backbone that has made this year such a successful one, namely the steadfast and generous support of our many donors, staff, volunteers, and partner organizations, especially Winchester's Council on Aging (COA) and the Winchester Seniors Association Trust (WSAT). We are equally grateful for the grants we have received from the Cummings Foundation, the John and Mary Murphy Foundation, the En Ka Society, the Winchester Cultural Council, the Massachusetts Cultural Council and the Winchester Mount Vernon House. We are excited to build upon the momentum produced this past year to ensure the Jenks Center remains the #1 meeting spot for older adults in Winchester for generations to come.

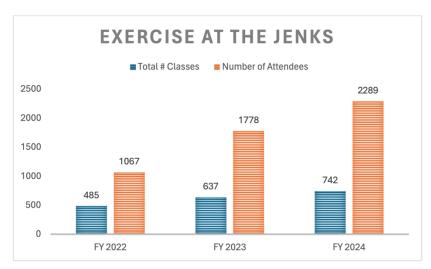
A year ago, we were remarking on the tremendous growth taking place at the Jenks, both in terms of programming as well as in-person attendance. This trend continued to accelerate in 2023-24. Over the course of the past year, nuances of this growth have highlighted the importance of people connecting together. One sign of this has been the skyrocketing amount of coffee we have been making each week to serve the ever-growing informal gatherings in our café. Other signs have included the increase in tables needed during the Saturday bridge class, the large amount of parked cars along Skillings Road, and the lines that often form outside our doors prior to opening. While seemingly small, these details accencuate the important role we play in fighting isolation and improving the quality of seniors' lives.

What has this continued growth, with its focus on people connecting together, meant for us? First and foremost, it has meant a return to focusing on in-person programming. While we continued to leverage technology to expand our virtual reach and offer programs remotely, we were so happy to see people schedule time at the Jenks as part of their regular routines again. In response, our talented programming staff and volunteers continued to creatively expand the wide range of programs, events and activities offered to appeal to the diverse audiences. Some of the highlights from this year included:

- Educational programs: We offered a huge variety of educational programs on topics including history, music, art, current events, science, travel and so much more. Favorites included Nate Ramsayer's four part series on "Ancient Israelite History 101," "Ancient Civilization and Birds of Prey" with Jim Parks and Julie Anne Collier (Wingmasters), and all the Wilson Science & Technology Forum discussions.
- Recreational activities: Physical activities such as pickleball, ping pong, and expanded exercise
  classes continued to be hugely popular. And of course our core activities such as card games
  (bridge, mahjong, cribbage), movies, bingo, and arts/crafts all attracted happy crowds. A favorite
  new offering was a beginners calligraphy class with Jack Zhao. Also, FY24 was the first full year of

- our being open on Saturdays, which has been a tremendous success and has drawn in many new patrons looking to connect through recreation, education and entertainment.
- Social events: We hosted multiple social events throughout the year, including concerts, day trips, and celebratory parties like the beloved St. Patty's Day Dinner and National Hot Dog Day Cornhole Tournament. All these events were well attended and provided opportunities for our patrons to connect with one another.
- The Jenks AARP Tax Program: Our annual Jenks tax program set another record, with 9 volunteers helping nearly 300 individuals or couples prepare their tax returns. This program continues to grow every year, providing a critical and highly valued service to our patrons.
- Community outreach and partnerships: Many other events focused on leveraging the strengths and support of others in our local community to benefit our seniors. Partnerships, co-sponsorships, and community outreach intiatives made events like the Festival of Life, the Thanksgiving Farmers Market, multiple educational sessions with Town leaders, blood drives, vaccine clinics, and art exhibits all possible. Internally, the Collaborative (comprising leadership from the COA, the WSA Trust (WSAT), the WSA and the Jenks Patron Advocate) continued to address issues impacting the entire Jenks community. And the new Jenks Strategic Development team (launched in early 2023) continued its work in assessing and addressing challenges for the Jenks as we look forward over the next five to ten years.

Of particular note this year has been the explosion in growth of exercise at the Jenks. In just two years, the number of classes offered by the Jenks (including in-person, virtual and hybrid options) has grown by over 50% and participation in these classes has more than doubled. What an incredible team of exercise instructors we have! We recognize the critical importance of exercise for older adults and are delighted to see our classes drawing so many together to share in the fun.



<sup>\*</sup> Attendees = # of people who attended a monthly session of a class; many people sign up for multiple Jenks exercise classes

We also made strong strides in improving our communication with patrons this year. We created a new newsletter with better formatting, color and layout which has been well received. Together with the COA, we also focused on improving our Mandarin translation capabilities by laying the groundwork for new signage at the Jenks Center as well as providing Mandarin versions of key documents such as our annual appeal letter and surveys. And we were very pleased with the 438 responses to our Jenks

Center survey launched last spring, which provided us with very valuable information about our patrons and potential patrons.

All this growth has not come without its challenges. Need for additional space, pressure on staff for quick room turnarounds, and increased costs have all been key concerns behind the scenes. In response, we hired more part-time facilities staff and reviewed the scheduling of activities in the Center for smarter allocation of space. The Jenks Strategic Planning Committee has been focused on developing longer term solutions for managing our growth and space constraints. Financially, we made fundraising a focus in FY24. The creation of our new Fundraising Committee enabled a very successful annual appeal and other fundraisers to increase our income. Our Program Director pursued new grants to fund additional programs. And our Finance Committee continued their diligent management of our endowment, maintaining more than sufficient liquidity to cover our operational deficit, as well as build for the future.

Looking forward, we are excited to capitalize on the growth and energy generated this year. Broadly speaking, our focus for the year ahead includes:

- Strengthening our "core" programs and developing new programming opportunities to enable
  new avenues for older adults to connect, including innovative exercise/active living offerings,
  rebuilding our travel program, possibly increasing our operating hours to lessen crowding and
  better accommodate popular activities, promoting cross-cultural understanding and
  friendships, and supporting the COA with Aging in Place and intergenerational iniatives;
- Fortifying our financial foundations by increasing grant-based funding and continuing to develop and support our Fundraising Committee;
- Ensuring the long-term strength of our internal organization and the entire Jenks Center
  through succession planning for our board leadership, the development of a volunteer strategy
  together with the COA and WSAT, a focus on staff development and job enjoyment
  (engagement, training, etc.), and continuing to probe steps for a possible merger with the
  WSAT in the future.

Finally, in the midst of all this year's excitement, we are struck once again by the strong dedication of our staff and large group of volunteers who make the Jenks the special place it is. We remain very grateful for everyone's contributions. With the closing of this fiscal year comes the retirement of one of our longest serving WSA Board members and Assistant Treasurer, Dorothy (Dot) Mueller. Dot has long been a cornerstone of the Jenks. We thank her, and our two other departing Board members, Gail Ockerbloom and Lita Nelsen, for their service on the Board, and we are hugely appreciative of their desire to remain involved in the Jenks Center as friends and patrons. Also, this fiscal year saw the loss of two former WSA Board Presidents, Erica Drazen and Jim Kent. Both worked tirelessly in making the Jenks Center the thriving place it is today. We miss them.

We close, as is our custom, by asking that we all take a moment to applaud the outstanding efforts of the COA, WSAT and Jenks Collaborative teams, our own WSA staff and Board, our multiple community partners, instructors and vendors, and the many Jenks donors and volunteers who work tirelessly to keep our seniors safe and healthy and happy.

Here's to meeting <u>you</u> at the Jenks in the year ahead!

# The WSA Board and Staff

The mission of the Winchester Seniors Association is to improve the quality of seniors' lives by providing a range of stimulating social, educational, and recreational activities. The WSA operates the Jenks Center to achieve that mission. The WSA Board carries out the business of the corporation, oversees the financial stability, and ensures the implementation of its mission.

In FY24, the following WSA Board Officers and Directors served their second year of a new two-year term as voted unanimously by the WSA Board of Directors and Members of the WSA in the May 2022 Annual Meeting:

- Robert Ain, President
- Christine Kowalczuk, Senior Vice President
- Anne Hoffman, Treasurer (as of October 2022)
- Dorothy Mueller, Assistant Treasurer
- Felicity Tuttle, Secretary
- Eileen Morris, Member at Large
- Lita Nelsen, Member at Large, retired from the Board in March 2024
- Gail Ockerbloom, Member at Large
- Dan Quinn, Member at Large

Ex-Officio members of the board also served their elected term:

- Anne Hoffman, Chairperson, Finance Committee
- Past WSA President Erica Drazen continued her Ex-Officio service until her resignation in June 2023.

The WSA Nominating Committee presented the following candidates to serve a new 2-year term starting in FY24 that was unanimously accepted by the WSA Board of Directors and Members of the WSA in the May 2023 Annual Meeting:

- Carol Keller, Member at Large
- Ron Latanision, Member at Large
- Melodie Wing, Member at Large

WSA staff are responsible for operations of the Jenks Center and all WSA programs:

- Maria Rutnam is the WSA Program Director. She is responsible for orchestrating the entire suite
  of the WSA's programs, including the development and the management of a variety of
  services, events, trips, classes and activities for older adults in the greater Winchester
  community. She also manages the WSA's office staff.
- Cathleen Schneller is the WSA's Business Manager. She is responsible for office administration, including payroll, rentals, grant and activity accounting, supporting WSA Board activities and WSA Programming, website management, serving as a pointperson for the Jenks' hardware, software and network infrastructure, and assisting the Treasurer with bookkeeping and finances.
- Hilary Celentano is the WSA's Community Event Coordinator. She is responsible for developing, scheduling and managing evening and weekend programming at the Jenks sponsored by the

- Cummings Grant, including partnering with local not-for-profit groups for holding public programs at the Center.
- WSA's Weekend Administrator, Diane Davies, resigned from her position in 2023. As her replacement, we hired a team to cover our Saturday hours. We are very grateful for Linda McCarthy and Tina Bellomy who joined as Saturday Staff in April 2023 and Christine Leonard who joined in January 2024. They are responsible for managing office administration and supervising events/activities on Saturdays.
- Nick Asaro, the Jenks Facilities Manager, continued his leadership in maintaining the Jenks
  Center, keeping it safe and clean and welcoming for all, with all building operations running
  smoothly. He is also responsible for ongoing coordination with various contractors, the town
  DPW, and other outside groups. Throughout the year, his team included Fred Benson, Auggie
  Burke, Jose Deleon, Scott Drown, Andrew Gillis, and Nick Romeo.

The WSA is grateful for all our hard working and dedicated staff.

# COUNCIL ON AGING ANNUAL REPORT (April 1, 2023 – March 31, 2024)

The Winchester Council on Aging is enabled by Massachusetts statute, established by approval of Article 25 by the Winchester Town Meeting on March 15, 1973, and subsequently formed by appointment of the Winchester Select Board in June 1973 (hereafter, the "COA"). The mission of the COA is to promote healthy aging, independence, engagement and the well-being of Winchester's older adults and the community that supports them through services, education and advocacy. The COA is governed by an eleven-member Board appointed by the Select Board. Professional staff assist the Board in carrying out its Mission.

# Staffing:

Staff consists of the following: director, licensed social worker, registered nurse, transportation coordinator, administrative secretary, senior clerk and two part-time drivers to implement the Council on Aging's programs and services. In addition, the COA provides consulting services with a financial counselor and nutritionist. Over 50 volunteers play an integral role in helping staff fulfill the COA mission.

#### WINCHESTER COUNCIL ON AGING ACCOMPLISHMENTS

<u>Enhancing Nutrition</u>: Promoting healthy and nutritional options for Winchester's older adults continues to be a major priority for the COA. Fostering socialization with good nutrition prompted the development of "Meet Up Mondays" now orchestrated by Minuteman Senior Services providing hot lunches every Monday serving a maximum of 50 patrons. Patron satisfaction surveys are issued with each meal and results indicate a high level of enjoyment as the COA provides supplemental funds from its State formula grant to upgrade menu offerings as needed.

Approximately once a month the COA sponsors a continental breakfast with speakers from Town government and local non-profit organizations that is also very popular. Speakers have included Winchester Hospital, Town Manager, Winchester Cultural District, US Attorney General's Office and Winchester Police Community Resource Officer.

The Director engaged the career services department of Tufts University Friedman School of Science and Nutrition seeking assistance of master's degree student interns. Despite diligent efforts to find a student, to date this has not been fulfilled. The COA is now seeking a summer intern to fulfill this role, if possible. It is also soliciting interns from other universities (i.e. Simmons and U Mass Amherst.)

An additional nutritional opportunity was identified through the rental of a stocked refrigerator. An initial agreement with 6 AM Health was initiated and proved unsuccessful due to limited menu items that did not resonate with patrons. The COA is currently pursuing an additional opportunity with a company, Farmer's Fridge, that offers many alternatives that were well-received by patrons during a tasting event in December. Another tasting event was scheduled in late April 2024 that was favorably received by patrons. This will require consideration by COA board as pricing is relatively high for most patrons and may necessitate COA subsidies for products.

<u>Transportation</u>: Transportation continues to be of paramount importance to ensure healthy aging in place. The Jenks shuttle is used for shopping, tours of assisted living communities, cultural events,

Wright Locke Farm visits and much more. The handicap accessible van is used primarily for medical appointments and over 30 volunteers utilize their personal vehicles to take patrons to medical appointments and personal services (banks, hair salons, etc.). From January through March the Jenks Shuttle served 253 unduplicated patrons for 341 trips and volunteer drivers assisted 34 patrons for 212 trips.

The transportation coordinator also sells hundreds of taxi vouchers subsidized by the COA and assists with providing "Door to Door" medical transportation for rides throughout the Boston region tailored for older adults with special medical needs, also subsidized by the COA. The two part-vehicle drivers are working maximal hours and we have sought assistance in the hire of per diem drivers to address our transportation needs.

Support for Aging in Place/Age-Friendly Winchester: The COA supported legislation to enable the creation of Accessory Dwelling Units to enable older adults an additional incentive to remain in their homes. This legislation also provides alternatives to down-size as well as enhance their personal income—all are hallmarks of "aging in place". The Director meets monthly with Planning Board Director Taylor Herman to foster age-friendly initiatives to benefit Winchester's older adults. Mr. Herman has met twice with the COA board to advise on planning initiatives and legislation that creates age-friendly Winchester. In addition, the COA hosts a series of "continental breakfasts" with educational topics fostering aging in place with presentations by Beth Israel Lahey "Hospital at Home", Downsize Housing opportunities, and more.

<u>Fostering Economic Security</u>. COA Advisory Board participation within the Housing Partnership Board enables monthly reports at board meetings regarding housing opportunities to benefit older adults. The Advisory Board has affirmed its support of housing with proximity to the Town Center and public transportation as well as new, smaller, less expensive housing enabling "downsizing" and providing greater affordability.

Last year the COA partnered with the Winchester Chamber of Commerce to sponsor an Employment Fair for older adults that attracted 49 seniors to meet with 11 employers seeking capable employees. This will be replicated in May with additional vendors/employment sites. The COA Director manages the Town's tax abatement program offering \$1500 yearly abatement for working 125 hours in Town sites that also includes the Jenks Center. Eight patrons completed the program last year.

The COA social worker is a vital resource to residents—she was integral in developing a "Winchester Resource Directory". Part of her role is to gatekeep the Fletcher Fund referrals in which referrals are made to the Select Board for economic assistance. We are very grateful for their assistance and generosity to improve the lives of residents struggling to remain in Town. Finally, the COA has subcontracted the services of a financial counselor to assist patrons needing assistance with estate planning and financial management.

<u>Promoting Cultural Competency at the Jenks</u>: The increased patronage at the Jenks includes the participation of over 150 Mandarin speaking adults. To address this major demographic change, the COA has been diligent in creating and adapting existing programs. In addition to extending its ESL/American Citizenship classes offered by the Winchester School of Chinese Culture that had been virtual because of Covid-19, one class is now held weekly at the Jenks with over 30 patrons meeting

weekly. Informal Mandarin classes are also taught by patron volunteers, twice a week. The COA nurse has a Mandarin speaking nurse to assist her efforts with monthly blood pressure clinics and glucose testing.

A proposal was submitted to the Cummings Foundation to continue funding of ESL classes for an additional three years as well as the hire of a Mandarin speaking "ambassador" to assist with translation and communication as well as the development of surveys to assess what types of programs Mandarin speaking patrons would like the Jenks to provide. A decision will be made in May 2024. A grant was awarded by EnKa for the development and implementation of bilingual signage in the Jenks lobby and designated rooms indicating programs and events. The Director is working with MySeniorCenter software developer on this project that should be completed by May 2024.

<u>Health and Education:</u> To promote healthy outcomes for residents, Jenks continues to partner with the Board of Health to offer flu clinics and Covid vaccinations. The nurse continues to offer blood pressure and glucose testing at the Jenks as well as at the Winchester Housing Authority sites. Professionals are retained to provide hearing and vision screenings. A podiatrist visits the Jenks monthly seeing over 35 patrons per visit. Multiple educational programs were provided on legal, financial, and medical topics such as retirement preparedness, Medicare enrollment, healthcare proxies, cyber security, living wills, etc.

Two new balance classes were introduced to much success along with the renamed "Memory Café" to "Nourish" attracting residents and their caregivers. Another new attraction is the monthly trips to regional residences offering assisted living and memory care options that fill the bus with 14 patrons. Over 200 patrons attended health education classes and the Minuteman SHINE counselor assisted 151 patrons with health benefits counseling. The medical equipment loan program continues to benefit almost 100 residents.

This year's Symposium topic is "Super Agers: Who are they and the impact of longevity on their families, the economy and our healthcare system". Speakers will include Dr. Alexandra Tourtourlou of Harvard University who has been researching the phenomenon of super aging since 2016, Dr. Heather Jones, geriatrician of Winchester Hospital who will discuss the implications to healthcare systems of serving many additional older adults, and Dr. Jon Gruber, Ford Professor of Economics of MIT who will articulate the challenges and solutions of long-term health care for persons living much longer lives. Finally, a panel of Jenks' super agers will discuss longevity—living beyond their expectations.

Several new programs were executed in Fall and Winter: The nurse has recruited two volunteers to assist her with a weekly "Caregiver Respite" program to enable caregivers to bring their loved ones to the Jenks for a three-hour respite while the nurse and volunteers provide games, lunch and entertainment allowing caregivers time to take care of themselves. A new training session "Powerful Tools for Caregivers" in concert with Minuteman volunteers and the Jenks social worker began in March and is fully subscribed. Steadi Balance classes have been expanded to twice a week with exercise instructors who foster competencies for older adults to prevent tripping and falling and be cognizant of their balance.

**<u>Fostering Community Partnerships:</u>** The Jenks continues to strengthen community partnerships by hosting multiple events and services with other community service organizations and businesses.

Events included multiple blood drives with the Red Cross, attending monthly meetings of the Winchester Cultural District, Wright-Locke Farm outings, rotating exhibits from the Griffin Museum, Winchester School of Chinese Culture demonstrations, joint programming with the Winchester Public Library, etc. The work above would not be possible without the Jenks Center board members, Jenks staff, volunteers and the support of the Town and Winchester's community organizations.

<u>Planning for the Future:</u> The three organizations comprising the Jenks have embarked upon the development of a strategic plan to address impacts from Covid and our significant increase of patronage since reopening. The strategic planning committee made multiple trips to other Massachusetts senior centers/community centers to assess what other centers are doing to address the needs of older adults. These included Lexington, Marshfield and Plymouth.

The committee developed a comprehensive survey completed by 441 residents, including translation in Mandarin, providing some enlightening insights. A meeting was held with Jenks staff in April to assess their opinions, suggestions and concerns regarding existing operations and strategic planning for the future. Focus groups will be held in the future to further assess patrons' perceptions of what the Jenks should offer, including possible programmatic and structural changes. All of this work will result in a detailed report shared with staff, board members, patrons and the community at large.

# **Jenks Collaborative**

The Jenks Collaborative is a representative team of Jenks leaders established to make recommendations and provide support to the Winchester Seniors Association (WSA), the Winchester Seniors Association Trust (WSAT) and the Council on Aging (COA). This team maintains the goal of strengthening a culture of collaboration among all levels of the Jenks organizations to promote efficiency and maximize the quality of life for seniors.

The Jenks Collaborative was born out of a strategic planning initiative that commenced in March 2018. Recognizing the need for a unifying vision for the Jenks Center to optimize services for Winchester's older adults, leaders from the WSA, WSAT and COA joined together to form a Strategic Planning Team focused on identifying opportunities and assessing best next steps. The outcomes of this initiative included a comprehensive Jenks mission and vision (see below for detail) supported by strategic pillars that outlined a roadmap in pursuit of the unified vision of making Winchester the most age-friendly community in Massachusetts. As significant planning and cooperation among the WSA, WSAT and COA is fundamental to successfully fulfill this ambitious vision, the Plan recommended the formation of "The Jenks Collaborative," consisting of new leadership of the WSA, WSAT and COA, as well as the Jenks Director and an unaffiliated Patron Advocate to represent the interest of seniors.

The Collaborative began its fifth year in April 2023 and continued to meet monthly. Accomplishments this year included:

- Ongoing Communications: continued updating each other on various efforts and issues undertaken by the various organizations, including the Symposium, the Brennan Lecture, lower level bathroom renovations, Town Day, Older American's Month Celebration, DPW Lunch, etc.
- American Rescue Plan Act (ARPA) Funding: in response to the application submitted by the
  Collaborative in 2022, the Town of Winchester awarded the Jenks Center \$25,000 for the fiber
  optic connection to Town Hall, other Town facilities and WinCAM; meetings with Town officials
  continued throughout the year but implementation plans are still on hold until the Town's IT
  Department can work on it.
- Jenks Center Usage: leveraged use of the Jenks Center as much as possible to support our community, including partnering with the Town's Board of Health to hold vaccine clinics, the Winchester Cultural Council for a one-day class and placement of outside sculptures, and the Red Cross to hold blood drives.
- Bilingual Electronic Signage for the Jenks Center: the En Ka Society awarded the Jenks with a grant to procure electronic signs for the Jenks lobby and individual meeting rooms so that both English-speaking and Mandarin-speaking patrons could understand daily programming.
- Automated Kitchen Fridge: reviewed and piloted a vending machine-style refrigerator providing patrons with healthy food options on site at the Jenks.
- Joint Luncheon for the COA, WSA, & WSAT Boards: the Collaborative hosted a luncheon designed to enable the various Boards to meet and mingle and get to know each other better.
- *Memorandum of Understanding/Use Agreement:* continued discussions to establish written agreements between the three Jenks organizations.
- Board Member Nominations: supported program of cross-board nominations with COA and WSAT leadership sitting on the WSA's Nominating Committee.
- Support of the Strategic Development Team: reviewed various recommendations/efforts coming from the Strategic Development Team, including the Jenks Center survey, use of the

Hope Christian Church for some Jenks programming, and the development of questions for upcoming Focus Groups.

# **Jenks Center Mission/Vision:**

*Our Mission:* to promote healthy aging, independence, engagement and the well-being of Winchester's older adults and the community that supports them.

Our Vision: Winchester becomes the most age-friendly community in Massachusetts where:

- Aging is viewed and valued as an asset;
- Every resident has the resources to live a meaningful life in their chosen community;
- People of all ages have access to health, transportation, community services, and social supports with no disparity;
- People proactively plan for a productive life of many years.

# **Operations**

#### **General:**

The Jenks Center operates with the assistance of amazing staff and volunteers who work on our committees, provide services, and participate on the WSA, WSAT and COA boards. They serve in a variety of capacities including programming, front desk receptionists, events committee, newsletter team, activity coordinator, travel committee, education committee, and more. The Center welcomes new volunteers, encouraging people to match their talents and interests with Jenks opportunities for a rewarding and fun experience.

# **Buildings and Grounds:**

The Building and Grounds Committee (B&G) is a group of volunteers and staff responsible for overseeing the maintenance of the Jenks facility inside and out. The Committee coordinates with the Winchester Seniors Association and Council on Aging, who are responsible for the daily operations and programs within the Center, and the Winchester Seniors Association Trust, which owns the building and is responsible for long term maintenance and capital improvements within the facility.

The Committee is tasked with overseeing and negotiating with all vendors and contractors to keep the facility up to date regarding maintenance, tests, inspections, and the day-to-day costs of maintaining the facility. B&G works with the Director of the Jenks Center, the facility manager, and facilities staff to keep things in the best possible condition needed for the many activities that go on at the Jenks Center.

Highlights for 2023 include:

- Continuing a cleanup effort with the Town of Winchester's Conservation Commission and Department of Public Works (DPW) on the waterfront in front of the Center;
- Replacement and upgrade of the HVAC units on the roof of the building;
- Repair of the groundwater suppression system under the building

In addition, the Trust is currently overseeing a major upgrade to the lower level bathrooms to bring them up to current building codes.

The major focus of the committee is proper maintenance of the center as well as monitoring the use of the building to stay in front of future "wear and tear". Nick Asaro, our Facilities Manager, has done an excellent job maintaining the center. Nick's team of Fred Benson, Andrew Gillis, Nick Romeo, and Scott Grown continue to provide the center with friendly and quality service.

The members of the Building and Grounds Committee include Carl Boerner, Justin Magee, Ron Milauskas, Dick Norberg, Rob Russo, Dom Piccionne, Phillip Beltz, Nick Asaro, and Charlie Price.

# Infrastructure:

**Computer and Internet Infrastructure:** We are continuing the process of updating our systems for both the staff and our connections to the internet. Currently our systems are up to date with less usage in our patron's computer room. We believe this is due to the general increased use of smartphones by our patrons. As we write this report in May 2024, we are still awaiting the town's connecting the building to fiber cable. This will improve the speed of moving data both internally and to our patrons receiving programming from the Jenks.

**A/V Infrastructure:** We continue to use the *Ross Family Grant* for support and enhancement of the Jenks A/V systems. Numerous small projects were completed. We continue to look forward to improving our movie presentation this year through equipment enhancements. Hearing aid assistance equipment has also been installed.

**Jenks Broadcasting System:** Our sophisticated three camera recording system allows us to record programs and rebroadcast the programs on our website. As mentioned above, the fiber connection to the building will make the broadcast of live programming more reliable. The recordings of many of our programs are available on our website.

# **Education Programs**

# **Education Committee:**

The WSA Education Committee continues to offer a variety of topics that foster interest and learning among our community. These programs are supported by a grant from the *John and Mary Murphy Educational Foundation*. This year's programs included:

- Passion to Product Book Presentation with Ratna Dalal (April)
- Johnny Cash & History of Country Music with Matt York (April)
- The Democratic Congo with Theodore Trefon (April)
- Seven Wonders of the Ancient World with Nate Ramsayer (May)
- Music of World War II (May)
- Wingmasters with Jim Parks (June)
- Art Keeps us Human with Jane Blair (July)
- History of Afghanistan with Mir Ahmed Shekib (July)
- Live Tour of Luxor, Egypt with JoinPro Live Tours (July)
- Kidstock Presents "Oh No" (August)
- Monarch Butterflies with Elke Hans (August)
- Illusionist with Lynn Dillies (August)
- Basque County with Barry Pell (September)
- Retired Club Orchestra Band with Roy Cummings (September)
- History of Classical Music with Matt York (October)
- The Beatles with Joe Maloney (October)
- Music of World War I with John Clark (November)
- Make your own Holiday Spice with David Wheeler (November)
- Songs for the Solstice! And Christmas & Hanukkah with Andy Papas (December)
- Downsizing made Easy with Noha Soliman (January)
- How to Stay Safe During the Winter Months with Humble Home Care Services (February)
- Abolition to Harlem Renaissance with John Clark (February)
- South Pacific (Micronesia, Melanesia, Polynesia) with Barry Pell (March)

# **Jenks Learning Connection Committee:**

The Jenks Learning Connection (JLC) program offers classes in the Spring and Fall supported by a grant from the *John and Mary Murphy Educational Foundation*. The committee happily resumed the JLC program in the Spring of 2023 after a three year hiatus due to the pandemic. The following sessions were on the schedule:

# Spring 2023

- Architecture and Global Influence with John McConnell
- Improvisational Quilting with Denise Konicek
- Introduction to Gardening with Jessica Zander

# Fall 2023

- US in the Middle East with Jeff Klein
- America was Founded as a Christian Nation with Genny Peterson
- Fakes, Frauds & Forgers with John G. Kreifeldt

- Preparing your Garden for Fall and Winter with Jessica Zander
- Tschaikowsky & Beethoven with Elke Jahns-Harms

Thank you to the JLC Committee Members: Mary Price (Chair), Maria Rutnam.

# **Computer Technology Committee ("Tech Help Team"):**

This committee focuses on providing IT support through a weekly two-hour drop-in session on Wednesday afternoon. People with questions on a variety of smart devices (phones, PCs, Chromebook, and others) received one-on-one in person assistance with a committee member. The Committee members have also taken the lead in upgrading and maintaining the computers available to the public. Thank you to the IT Committee Members: Don Nelsen (Chair), Scott Drown, Ray Fletcher, John Giles, Anne Hoffman, and Doug Iram.

# Jenks AARP Tax Program.

This year with the addition of several new volunteers, Shirley Kawamoto, Ray Fletcher and Harvey Hansen, joining stalwarts Doug Marmon, Bill Rosenfeld, Jeff Leiserson, Margie Chase, Sumner Blount, and Anne Hoffman, our tax program served nearly 300 individuals or couples, preparing 300 tax returns, the most we have ever prepared. In addition to the many Winchester residents we served, we also drew from many nearby cities and towns.

We would like to thank the terrific Jenks front desk staff and volunteers for their help in scheduling and responding to telephone calls. We could not do it without them.

# **Events**

#### **Events Committee:**

The members of the WSA Events Committee plan and implement several entertainment-based programs for the Jenks community, as well as people of all ages. They hosted the Hot Dog event in July 2023, the Welcome Back party in September 2023 and the St. Patrick's Day Dinner in March 2024. All these events were well received by all. Thank you to the Events Committee Members: Anne Lucas (Chair), Phyllis Beedle, Pauline Call, Mark Gallagher, Polly Kreol and Shayna Loeffler who made these events successful.

# **Travel Committee:**

The WSA Travel Committee provides a variety of day and overnight trips for Jenks patrons. They planned and organized day trips to the Boston Symphony Orchestra in April 2023, Vermont in June 2023, Tanglewood in August 2023, and Shen Yun in December 2023.

# The Brennan Lecture:

The Jenks Center's Brennan Lecture is an annual event established in 2000 in memory of Mary J. and Francis (Frank) Brennan, active education advocates in Winchester for decades. They are the parents of John and Tom Brennan, Eileen Brennan Ferrell, and Mary Ann Brennan Newcomb. We look forward to relaunching the Brennan Lecture this upcoming year with speaker Mr. Tim Buckley, Chairman and CEO of Vanguard Group in May 2024.

# **Evening/Weekend Events:**

In 2021 we received a 10 Year Grant from the Cummings Foundation. These funds support one parttime staff person, a marketing package and evening/weekend programs. This grant, combined with additional funding allocated from the WSA budget toward evening/weekend programming in 2023 enabled the Jenks to continue extending our programs to reach our working seniors, people aged 55 years and over who continue employment during the day, as well as others in the community. This year's programs were mostly in person with just a few virtual ones. They are as follows:

- Make One-of-a-Kind Vinegar Program with Emily Makrez (July 2023)
- Pickleball is Life with Erin McHugh (July 2023)
- The American Kitchen Through History with Nancy Carlisle (July 2023)
- Magic Soul House Art with Fenway (August 2023)
- A Sojourn in Venice with Bruce Magnuson (August 2023)
- Happiness Presentation with Henry Quinlan (August 2023)
- Daniel Day Lewis with Debi Block (August 2023)
- How to Forage your Backyard like a Farm with Emily Makrez (September 2023)
- Art Matters with Jane Blair (September 2023)
- The Seele Musicale (September 2023)
- Climate Solutions with Ken Pruitt (September 2023)
- Harpist Concert with Annie Minogue (October 2023)
- Fall Wreath with Derby Farm Flower & Garden (October 2023)
- Russia's War in Ukraine with Emily Channel (October 2023)
- Birds of Guyana with The Menotomy Bird Club (October 2023)
- Spellman Museum of Stamps with Siobhan Mahaney (October 2023)
- The Schwamb Mill Museum with Dermot Whitaker (November 2023)
- The Pondicherry National Wildlife Refuge with Bob Quinn (November 2023)
- Winchester Farmers Thanksgiving Market (November 2023)
- Traveling Library visits Oman with Jeff Klapes (November 2023)
- Mayta Fusion Dance with Anna Mayta (November 2023)
- Aerial Photography with Joe Turner (December 2023)
- The Evolution of Christmas from the 1600's to the 1900's with Ken Turino (December 2023)
- Vocal Revolution Concert (December 2023)
- Post Impression with Jane Blair (January 2024)
- Alfred Hitchcock's San Francisco with Jay Sherwin (January 2024)
- The Bata Shoe Museum with Shan Fernando (January 2024)
- The 60's with Debra Block (February 2024)
- The Menotomy Bird Club (February 2024)
- Albert Wind Cello and Paino Concert with Paul and Debra (February 2024)
- New England Ice Harvesting with Jane Hennedy (February 2024)
- Spring Foraging with Emily Makrez (March 2024)
- Boston's Statues, How and What a City Chooses to Remember with Bruce Magnuson (March 2024)
- The Traveling Librarian visits Cartagena, Columbia with Jeff Klapes (March 2024)

 Adorning New England: 300 Years of History Through Jewelry with Laurie Masciandaro (March 2024)

# **Saturday Events:**

In 2022 we received a 3-Year Grant from the Mount Vernon House. These funds support one part-time staff person and one facility staff person. This grant, combined with additional funding allocated from the WSA budget towards Saturday programming, enabled the Jenks to open the building for a sixth day, extending our programs to reach our working seniors who continue employment during the week as well as others in the community. This year's programs are as follows:

- Exercise Classes with Gail LaRocca
- Mindfulness Classes with Neil Motenko
- Pickleball
- Ping Pong
- Winchester Farmers Market
- Holiday Sale
- Saturday Bridge with Bob Gaudet
- Saturday Cribbage
- Ukulele with Shuqong
- Yarnies
- Concert with Nate Ramsayer
- Boston Saxophone Quartet Concert
- The Art of Zentangle with Susan McFarlane
- Concert with Maitreyee Chakraborty
- Presentation on the New England Patriots with Bob Hyldburg
- Tri Music Honors Society of Winchester High School
- Violin Concert with Liyuan Ji

# **Activities**

The Jenks Center offers regular activities that provide opportunities for physical exercise, meeting new friends, learning new skills, and more. All activities were held in-person and offered free of cost, except for the Exercise Classes which have a cost of \$6 per class. The following provides a list of these activities and a summary. We appreciate all the volunteers and instructors who make these opportunities available to our community.

Aerobics Tuesdays 3:00 pm – 4:00 pm

This program focuses on aerobic routines and other exercises for muscle conditioning, strength training, balance, and stretching. Weights and resistance bands are used. Instructor: Judy Whitney. Cost = \$6.00 per class.

Art Group Wednesdays 9:00 am – 10:45 am

This group meets once a week. They bring their art supplies and meet at the Jenks every Wednesdays to unleash their creative side.

# **Bridge**

Tuesdays & Thursdays, 12:30 pm – 2:30 pm

The group meets twice a week to sharpen their acuity with a game of bridge. They engage in meaningful social interaction, while strengthening their communication and teamwork skills.

Canasta

Wednesdays, 1:00 pm – 3:00 pm

The group meets once a week for a fun and challenging round of Canasta, a card game of the Rummy family that helps exercise your memory and concentration, all while staying socially connected.

# **Chinese Classical Dance**

Thursdays, 10:30 am – 11:30 am

The group meets once a week for a fun and entertaining morning of dancing and socialization.

# **Conversational English**

Mondays, Tuesdays & Thursdays 2:00 pm – 4:00 pm

Experienced speakers engage in conversation to practice speaking and expanding their vocabulary in English.

#### **Conversational French**

Wednesdays 10:45 am – 12:15 pm

Experienced speakers engage in conversation. They discuss society, politics, culture, and French movies. Leader: Daniel Parsignault.

#### **Conversational German**

Thursdays 2:00 pm - 3:00 pm

Experienced speakers engage in conversation to practice speaking and expanding their vocabulary in German. Leader: Peter Rosenberger.

# **Conversational Italian**

Tuesdays, 10:00 am - 11:00 am

Experienced speakers engage in conversation to practice speaking and expanding their vocabulary in Italian, all while having fun.

#### **Conversational Spanish**

Tuesdays, 11:15 am – 12:15 pm

Experienced speakers engage in conversation to practice speaking and expanding their vocabulary in Spanish. Leader: Manuel Diaz.

# Cribbage

Wednesdays, 9:00 am - 12:00 pm

Group meets weekly to play a card game that occupies a high position among all the traditional card games and has a long-distinguished history.

# Dance Fever Aerobics (now Dance Cardio & Super Stretch)

Fridays 3:00 pm – 4:00 pm

Low impact aerobic workout timed to oldies but goodies and current day tunes. Instructor: Gail LaRocca. Cost = \$6.00 per class.

# **FABBS System of Exercise**

Mondays, Wednesdays, Fridays 10:00 am – 11:00 am

The exercise class focuses on flexibility, agility, better balance, and strength. They use chairs as needed and incorporate integrated movements and exercises drawn from Body Building, Yoga, Taijiquan, Ballet Stretch and Strength Training. Instructor: Hilary Celentano. Cost: \$6.00 per class.

#### **Garden Club**

Tuesdays 9:00 am, June through September

Weather permitting, the Garden Club meets weekly during the late spring and summer months to plant and harvest fruits and vegetables as well as flowers. In partnership with instructors from WrightLocke Farm, the Jenks Garden Club is a great opportunity to experience nature at the beautiful outdoor grounds overlooking Judkins Pond.

**Gentle Yoga** 

Tuesdays, 9:30 am - 11:00 am

The session incorporates a series of poses, stretching and breathing exercises, which improves balance, flexibility, and strength. Instructor: Ruth Lieberherr. Cost = \$9.00 per class.

#### **Lorin's Roundtable of Current Events**

Thursdays, 11:00 am – 12:00 pm

Dialogue on a new topic each week. Learn some history, hear some facts, and share your thoughts. Leader: Lorin Maloney.

Mahjong

Mondays & Fridays, 1:00 pm – 3:00 pm

Group meets weekly to practice a skillful and challenging hobby. They also reap the benefits of the social aspect of the game.

#### **Mindfulness Practice**

Saturdays, 10:00 am – 11:00 am

This class is oriented towards the benefits of mindfulness in reducing stress, increasing well-being, and helping us navigate life's challenges with more skill. Each class included a brief presentation on a theme relating to basic mindfulness principles, one or two basic mindfulness meditation practices, discussion, and Q & A. Instructor: Neil Motenko. Cost = \$6:00 per class.

# **Muscle Conditioning**

Thursdays 3:00 pm - 4:00 pm

This program focuses on muscle conditioning, strength training, balance, and stretching, all while seated, standing, or on mats (optional). Weights and resistance bands are used. Instructor: Gail LaRocca. Cost = \$6.00 per class.

**Poetry Group** 

2<sup>nd</sup> Wednesdays 1:00 pm – 2:00 pm

Recommend poems, recite poems, or write poems. Members discuss certain poets and the many forms of this artistic and emotional literature. Leader: Rosemary Sullivan. Cost = Free

Quilting

Tuesdays, 1:00 pm – 3:00 pm

Group meets weekly to engage in the art of creativity. They use their talents and generously donate the quilts they make to various local organizations. Leader: Jane Norberg.

**Slow Flow Yoga** 

Fridays, 9:15 am – 10:15 am

This one-hour class incorporates breathing techniques, flexibility, endurance, and strength for healthy aging. Instructor: Andrea Kennedy. Cost = \$6.00 per class.

**Step Aerobics** 

Saturdays, 8:30 am – 9:30 am

This program focuses on 30 minutes of vigorous aerobic workout using step bench followed by 30minute of muscle conditioning and stretching. This class was made available on the weekend for working seniors. Instructor: Gail LaRocca. Cost = \$6.00 per class.

#### Tai Chi

Tuesdays & Thursdays 8:30 am – 9:30 am

The class promotes balance, flexibility, and cardiovascular strength, while reducing pain, stress, and anxiety through a combination of movement, meditation, and relaxation. Instructor: Hilary Celentano Cost = \$6.00 per class.

# **Tai Chi Beginners**

Tuesdays 4:30 pm - 5:30 pm

The class promotes balance, flexibility, and cardiovascular strength, while reducing pain, stress, and anxiety through a combination of movement, meditation, and relaxation. Instructor: Hilary Celentano Cost = \$6.00 per class.

# 3 in 1 – Aerobics, Muscle, Strength

Mondays & Wednesdays, 5:00 pm – 6:00 pm

The class promotes balance, flexibility, and cardiovascular strength, while reducing pain, stress, and anxiety through a combination of movement, meditation, and relaxation. This class was made available in the evenings for working seniors. Instructor: Gail LaRocca. Cost = \$6.00 per class.

# Wilson Science & Technology Group

2<sup>nd</sup> & 4<sup>th</sup> Fridays Each Month 10:45 am – 11:45 am

Discussions about Science & Technology topics ranging from climate change to solar power, and cyber security. Meetings include spontaneous topics as well as planned presentations offered by participants in advance. Leader: Ron Latnision

# **Yoga & Meditative Movement**

Thursdays, 3:00 pm – 4:30 pm

This class combines classic yoga poses and easy flowing meditative movements drawn from Qigong (chi kung) and Zen yoga. Calming breathing techniques, meditation, and balance exercises. A portion of each class involves chair work. Instructor: Marilyn Arnold. Cost = \$9.00 per class.

# **Finance and Audit Committee Report**

The Finance Committee Chair and Treasurer is Anne Hoffman. Our Assistant Treasurer is Dot Mueller. The Finance Committee consists of six or more members who meet three times a year with additional meetings as needed.

The Committee continues with a conservative approach to our finances. Overall, the market rebounded during this fiscal year. At the end of March 31, 2023, the market value of the Investment/Endowment Account was about \$6,500,000. On March 31, 2024, the value was about \$7,690,000, an increase of about \$1,190,000 over the previous year (although it has declined slightly since). Through our diverse holdings, with an emphasis on short term bonds, in addition to a variety of equity holdings including high, mid and low cap exchange-traded funds and international holdings, we have maintained more than sufficient liquidity to cover the operational deficits that occur each year, as well as build and maintain for the future. Toward the end of the fiscal year, we decided to change some of our bond holdings to slightly longer duration to take advantage of increased interest rates.

The unaudited deficit for the fiscal year ending March 31, 2023, before endowment fund contributions to operations was about \$280,716. (This amount included a transfer of funds, previously held by the WSA, in the amount of \$47,000 to Winchester Meals on Wheels which formed its own non-profit corporation during this fiscal year). Deficits are covered through transfers from our endowment and investment funds to the operating account. During FY 2024, we transferred \$240,000 from the Investment/Endowment Account to our operating budget, which represents under 3% of the Fund's value. Our Finances were reviewed by Chris Barrett, of Barrett & Scribelli, LLC for fiscal 2023, who also prepared and filed our tax filings last summer. We anticipate that the review and tax preparation for the year ending FY2024 will be completed by this summer.

Our Annual Appeal letter was sent to prospective donors once during the last FY in late September 2023. We received over \$49,000 in donations, nearly reaching our budgeted goal of \$50,000. We also received over \$24,000 in bequests, memorial gifts, and other donations. Last year we received the third annual installment on the ten-year Cummings Foundation grant of \$35,000 per year, which enabled us to provide weekend and evening programming at the Jenks. The fourth year begins on July 1, 2024. In addition, we received the second installment of our three-year grant from Mount Vernon House in the amount of \$26,500 per year which has enabled us to open on Saturdays for a wide variety of activities and programming. We also received a grant from the John and Mary Foundation in the amount of \$15,000 which enables us to continue to provide a broad spectrum of programs during the weekdays. In addition, we received a \$5,000 grant from EnKa, part of the funding to install electronic signage in English and Chinese throughout the building. The Mass Cultural Council provided us with a grant in the amount of \$2,500 with which we presented five programs by one of our most popular speakers, Nate Ramsayer.

Many thanks to Cathleen Schneller, Business Manager, for the significant contribution she makes to the financial record keeping and overall success of the WSA.

Finance Committee members: Anne Hoffman (Chair), Robert Ain, George DeRedon, Jeff Leisserson, Doug Marmon, Mary Ellen Rourke-Falvey, and David Szabo. David Carlson resigned from the Committee during the year, and Ted Martin has joined the Committee as of FY 2025.

Winchester Seniors Association (WSA) Unaudited FY Ending 3/31/24		
Income		
Fundraising and Contributions	\$	77,542
Grant Income	\$	84,000
Newsletter Ads	\$	6,752
Programs & Activities	\$	82,085
Special Events	\$	4,322
Travel Committee	\$	10,430
Miscellaneous	\$	25,665
Total Income	\$	290,796
Expenses		
Fundraising	\$	3,642
Buildings & Grounds	\$	73,528
Computer-Related Costs	\$	3,689
Center Operations	\$	51,511
Meals on Wheels (MOW) Exp	\$	59,502
Payroll, Benefits, Taxes & Fees	\$	264,825
Newsletter	\$	34,429
Programs & Activities	\$	31,919
Grant Expenses, excl Payroll	\$	22,915
Special Events	\$	11,848
Travel Committee	\$	9,616
Miscellaneous	\$	4,088
Total Expenses	\$	571,512
Net Operating Income (Loss)	\$	(280,716)
Endowment Income		
Interest & Dividends & Other	\$	129,267
Investment Fees	\$	(33,049)
Realized Gains/(Losses)	\$	31,326
Net Income After Endowment Income	\$	(153,172)

# Winchester Seniors Association Trust (WSAT) Annual Report FY 2024

#### **OPERATIONS**

Receipts

Contributions 45,000.00 Interest 19.15
Total Receipts 45,019.15

**Expenses** 

Building 68,659.58 Insurance 52,611.00 Tax preparation 4,435.00 Total Expenses 125,705.58

Net Operating Loss (80,686.43)

# **INVESTMENTS**

Dividends 12,385.70
Market gain 210,221.78
Mgmt fees (4,459.32)
Net investment gain 218,148.16

OVERALL GAIN(LOSS) 137,461.73

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# **ASSET BALANCES**

 Checking
 24,606.19
 1-Apr-23

 Investments
 824,338.71
 1-Apr-23

 Total
 848,944.90
 1-Apr-23

 Checking
 41,919.76
 31-Mar-24

 Investments
 944,486.87
 31-Mar-24

 Total
 986,406.63
 31-Mar-24

CHANGE IN BALANCES 137,461.73

# **WSA Annual Appeal Donors**

Louise AhearnThomas BurchardRoy CummingsRobert & Julie AinLillian BurkeRobert CurtinWilbert AldrichSusan BusherEdward CussonRita AlesiLaura BusseyPeter Dale

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Fred Wingerath
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William Woods, Jr.

Joseph Wrinn

Rong Xiuxiang & Xu Chen

**Guoping Xu** 

27

# **Acknowledgements**

The WSA would not exist without our staff, many generous volunteers, and donors. We would like to thank each and every individual and organization who have supported the Jenks during this year as well as throughout past years.

#### **Our Committees:**

- AV Committee: Don Nelsen (Chair), Robert Ain, Peter Engeldrum.
- **Building and Grounds Committee**: Charles Price (Chair), Carl Boerner, Justin Magee, Ron Milauskas, Dick Norberg, Rob Russo, Dom Piccionne, Phillip Beltz, and Nick Asaro.
- **Computer Technology Committee**: Don Nelsen (Chair), Scott Drown, Ray Fletcher, John Giles, Anne Hoffman, and Doug Iram.
- Education: Vera Ossen (Chair) and Maria Rutnam.
- **Events**: Anne Lucas (Chair), Phyllis Beedle, Pauline Call, Mark Gallagher, Polly Kreol, and Shayna Loeffler.
- **Finance Committee**: Anne Hoffman (Chair), Robert Ain, George DeRedon, Jeff Leisserson, Doug Marmon, Mary Ellen Rourke-Falvey, and David Szabo. David Carlson resigned from the Committee during the year, and Ted Martin has joined the Committee as of FY 2025.
- **Jenks Collaborative:** Robert Ain, Phillip Beltz, Tom Howley, Christine Kowalczuk, Betty Minassian, Mary Ellen Rourke-Falvey, Jennifer Wilson.
- Jenks Learning Connection (JLC): Mary Price (Chair), Maria Rutnam.
- **Programming Committee:** Mark Gallagher (Chair), Hilary Celentano, Vera Ossen, Maria Rutnam, and Cathleen Schneller.
- Transportation Committee (COA): Ted Martin (Chair), Phillip Beltz, Kyran Bergin, Sue Clark, Ron Milauskas, Maria Reilly.
- Travel: Phyllis Zeuli (in memoriam past Chair), Mary Bezjak, Maria Rutnam, new Chair TBD.

# **Businesses/Organizations who donate goods and services:**

- Cummings Foundation
- En Ka Society
- Griffin Foundation
- Minuteman SHINE
- Spano Dawicki & Witt
- WinCAM
- Winchester Cooperative Bank
- Winchester Cultural Council
- Winchester Hospital
- Winchester Mount Vernon House
- Winchester Public Library
- Winchester Savings Bank
- Winchester School of Chinese Culture

# **Sponsors to events:**

- Anne Lucas, Ducks in a Row
- Winchester Cooperative Bank
- Winchester Cultural Council
- Massachusetts Cultural Council

# Volunteers who managed regular activities:

- Pauline Call (Garden Club)
- Manuel Diaz (Conversation Spanish)
- Federico Ehrhardt (Conversational Italian)
- Mr. Han (Conversational English)
- Tracey Kinsey (Wright Locke Farm)
- Ron Latanision (Wilson Science & Technology Forum)
- Lorin Maloney & Mark Gallagher (Current Events Roundtable)
- Don Nelsen (iPad Help Sessions)
- Daniel Parsignault (Conversation French)
- Peter Rosenberger (Conversation German)
- Siobhan Murray (Poetry Group)
- Phyllis Weinberg (Cummings Event Host)

# **Additional Acknowledgements:**

- Speakers who waived their fee for the Cummings Events, including Alison Simcox and Doug Heath, Nancy Carlisle, and Jane Hennedy.
- Jan Porell as Volunteer Coordinator, for assisting with interviewing potential volunteers, developing a database of active volunteers, and matching current openings with volunteers' skills and talents.
- Andrea Witt, Partner at Spano & Dawicki, LLC, provided pro bono legal advice once a month to our patrons.
- The newsletter team for their help in processing the newsletter mailing each month.
- Mary Barrone & Team for a successful 2023 Holiday Sale.
- The Winchester High School Octets and Chamber Singers for performing at the Festival of Life Event.
- Winchester's Council on Aging and Jenks Director Phillip Beltz for being invaluable members of our team!