

Events for the week of:

Sunday, November 17, 2024 - Saturday, November 23, 2024

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
11/18/2024	11/19/2024	11/20/2024	11/21/2024	11/22/2024	11/23/2024
FABBS System of Exercise 8:00 AM-9:00 AM Cummings Room;	STEP & Muscle Exercise with Judy 8:30 AM-9:30 AM Cummings Room;	FABBS System of Exercise 8:00 AM-9:00 AM Cummings Room;	STEP & Muscle Exercise with Judy 8:30 AM-9:30 AM Cummings Room;	Podiatrist 8:00 AM-2:00 PM Craft Room;	Saturday STEP Exercise with Gail 8:30 AM-9:30 AM Jenks Room;
Comfort Quilting 8:30 AM-3:00 PM Craft Room;	TaiChi 8:30 AM-9:30 AM Jenks Room;	Cribbage 8:30 AM-11:30 AM Library Lower Level;	TaiChi 8:30 AM-9:30 AM	FABBS System of Exercise 9:00 AM-10:00 AM	Coffee Hour at Jenks 9:30 AM-3:30 PM Cafe;
ESL 9:00 AM-10:30 AM Jenks Room;	WSA Board Meeting 9:15 AM-10:45 AM Jenks Dining;	FABBS 9:00 AM Exercise: JENKS 9:00 AM-10:00 AM Cummings Room;	Conversational English 9:00 AM-10:00 AM Conference Room;	STEADI Balance Class 9:00 AM-10:00 AM Cummings Room;	Mindfulness with Neil Motenko 10:00 AM-11:00 AM Jenks Room;
FABBS 9:00 AM Exercise: JENKS 9:00 AM-10:00 AM Cummings Room;	Coffee Hour at Jenks 9:30 AM-3:30 PM Cafe;	Hearing Screenings 9:00 AM-12:00 PM Cafe Conference;	Newsletter Mailing 9:00 AM-10:30 AM Jenks Dining;	Chinese Calligraphy 9:30 AM-10:30 AM Jenks Dining;	Thanksgiving Farmers Market 10:00 AM-3:30 PM Cummings Room;
Coffee Hour at Jenks 9:30 AM-3:30 PM Cafe;	Computer Lab 9:30 AM-3:00 PM Computer Room;	Art Group 9:30 AM-11:00 AM Craft Room;	Coffee Hour at Jenks 9:30 AM-3:30 PM Cafe;	Coffee Hour at Jenks 9:30 AM-3:30 PM Cafe;	Cribbage on Saturdays 11:30 AM-2:30 PM Jenks Dining;
Computer Lab 9:30 AM-3:00 PM Computer Room;	Gentle Yoga 9:45 AM-11:15 AM Cummings Room;	Coffee Hour at Jenks 9:30 AM-3:30 PM Cafe;	Computer Lab 9:30 AM-3:00 PM Computer Room;	Computer Lab 9:30 AM-3:00 PM Computer Room;	Ping Pong 11:30 AM-2:00 PM Jenks Room;
FABBS Exercise: JENKS CENTER 10:00 AM-11:00 AM Cummings Room;	Italian Conversation 10:00 AM-11:00 AM Conference Room Lower Level;	Computer Lab 9:30 AM-3:00 PM Computer Room;	Jenks Chorus 9:30 AM-10:30 AM Jenks Room;	Science & Technology 10:30 AM-11:45 AM Jenks Room;	
Mens Discussion 11:00 AM-12:00 PM Conference Room;	Staff Training - Network for Social Justice 11:00 AM-1:00 PM Jenks Room;	FABBS Exercise: JENKS CENTER 10:00 AM-11:00 AM Cummings Room;	STEADI Balance Class 10:30 AM-11:30 AM Jenks Room;	Les Misérables with Nate Ramsayer 11:00 AM-12:00 PM Cummings Room;	

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<p>Meet Up Monday Lunch 12:00 PM-1:30 PM Jenks Room;</p> <p>Mah Jongg 1:00 PM-3:00 PM Jenks Dining;</p> <p>Pickleball 1:00 PM-4:00 PM Cummings Room;</p> <p>SHINE 1:00 PM-4:00 PM Cafe Conference;</p> <p>Conversational English 1:30 PM-3:30 PM Conference Room;</p> <p>Nutrition with Jessy 2:00 PM-3:30 PM Jenks Room;</p> <p>3 in 1 - Aerobics Muscle Stretch 4:30 PM-5:30 PM Cummings Room;</p>	<p>Spanish Conversation 11:15 AM-12:15 PM Conference Room Lower Level;</p> <p>Bridge 12:30 PM-3:00 PM Jenks Dining;</p> <p>Quilting & More 1:00 PM-3:00 PM Craft Room;</p> <p>SHINE 1:00 PM-4:00 PM Cafe Conference;</p> <p>Ping Pong 1:30 PM-3:30 PM Jenks Room;</p> <p>Aerobics 3:00 PM-4:00 PM Cummings Room;</p> <p>Dealing with Dementia/Communication- MIIA 4:30 PM-5:30 PM Jenks Room;</p> <p>TaiChi - Beginner Class 4:30 PM-5:30 PM Cummings Room;</p>	<p>Guided Reiki Infused Meditation 10:00 AM-11:00 AM Jenks Dining;</p> <p>French Conversation 10:45 AM-12:15 PM Conference Room;</p> <p>Legal Presentation 11:00 AM-12:30 PM Jenks Room;</p> <p>SHINE 12:00 PM-4:00 PM Cafe Conference;</p> <p>Ask An Attorney 1:00 PM-3:00 PM Computer Room Lower Level;</p> <p>Canasta 1:00 PM-3:00 PM Jenks Dining;</p> <p>iPhone - iPad - Computer - 1 on 1 1:00 PM-4:00 PM Library Lower Level;</p> <p>Pickleball 1:00 PM-4:00 PM Cummings Room;</p>	<p>Book Club 11:00 AM-12:00 PM Conference Room Lower Level;</p> <p>Caregivers Support Group 11:00 AM-12:15 PM Craft Room Lower Level;</p> <p>Discussion Group - w/ Mark Gallagher 11:00 AM-12:00 PM</p> <p>SHINE 12:00 PM-4:00 PM Cafe Conference;</p> <p>Bridge 12:30 PM-3:00 PM Jenks Dining;</p> <p>Friendsgiving 12:30 PM-2:00 PM Cummings Room;</p> <p>Muscle Exercise 3:00 PM-4:00 PM Jenks Room;</p> <p>Yoga & Meditative Movement 3:00 PM-4:30 PM</p>	<p>Mah Jongg 1:00 PM-3:00 PM Jenks Dining;</p> <p>Movies at the Jenks 1:00 PM-3:30 PM Jenks Room;</p> <p>SHINE 1:00 PM-4:00 PM Cafe Conference;</p> <p>Dance Cardio and Super Stretch 3:00 PM-4:00 PM Cummings Room;</p>	

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	<p data-bbox="487 296 724 496">Across Namibia – Birds and Other Stuff with Alan Ankers, 7:00 PM-8:30 PM Cummings Room;</p>	<p data-bbox="864 296 1101 427">3 in 1 - Aerobics Muscle Stretch 4:30 PM-5:30 PM Cummings Room;</p>			