## The Jenks Center

## November 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Sunday 27	Monday 28	Tuesday 29	Wednesday	Thursday 31	1 09:00a FABBS	08:30a Saturday STEP Exercise with Gail - Cummings Room  09:00a Ping Pong - Jenks Room  09:00a Repair Cafe - Craft Room Lower Level  09:30a Coffee Hour at Jenks - Cafe  10:00a Mindfulness with Neil Motenko - Cummings Room  10:00a Yarnies - Conference Room Lower Level  11:15a Pickleball - Cummings Room  11:30a Cribbage on Saturdays - Jenks Dining  12:15p Ukulele with Shukong - Jenks Room

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
27	28	29	30	31	01:30p Pickleball Instruction - Cummings Room 03:00p Dance Cardio and Super Stretch - Cummings Room	
Sy: - C  08: Me Dir  09: Jer  09: Sy: Cu  09: Lai Ro  10: Ex. CE	stem of Exercise Cummings Room  :00a Trust eeting - Jenks ning  :00a ESL - nks Room  :00a FABBS		08:00a FABBS System of Exercise - Cummings Room  08:30a Cribbage - Library Lower Level  08:45a Transportation Committee - Cafe Conference  09:00a FABBS 9:00 AM Exercise: JENKS - Cummings Room  09:30a Art Group - Craft Room  09:30a Coffee Hour at Jenks - Cafe	with Judy - Cummings Room 08:30a TaiChi 09:00a Conversational English -	09:00a FABBS System of Exercise 09:00a Ping Pong - Jenks Room 09:00a STEADI Balance Class - Cummings Room 09:30a Chinese Calligraphy - Jenks Dining 09:30a Coffee Hour at Jenks - Cafe 09:30a Computer Lab - Computer Lab - Computer Room 10:00a Review 2025 Medicare Changes Open Enrollment - Craft Room Lower Level	09:00a Ping Pong - Jenks Room 09:30a Coffee Hour at Jenks - Cafe

11:00a Mens Discussion - Conference Room Conference Room Conference Room Liz:00p Meet Up Monday Lunch - Jenks Room O1:00p Mah Jongg - Jenks Dining O1:00p SHINE - Carde Conference O1:30p Conversational English - Conversational English - Conference Room Conference Room Conference Room O4:30p Health Department Clinics - Cummings Room O4:30p TaiChi - Beginner Class - Cummings Room O4:30p TaiChi - Beginner Class - Cummings Room O1:00p Canasta - Jenks Boining O1:00p Canasta - Jenks Boining O1:00p Dealth Department Clinics - Cummings Room O4:30p TaiChi - Beginner Class - Cummings Room O1:00p Canasta - Jenks Boining O1:00p Benefit Check Up - SW Office O3:00p Benefit Check Up - SW Office O3:00p Dance Cardio and Super Stretch - Jenks Room O4:30p 3 in 1 - Aerobics Muscle Stretch - Jenks Room O4:30p 3 in 1 - Aerobics Muscle Stretch - Jenks Room O4:30p 3 in 1 - Aerobics Muscle Stretch - Jenks Room O4:30p 3 in 1 - Aerobics Muscle Stretch - Jenks Room O4:30p 3 in 1 - Aerobics Muscle Stretch - Jenks Room O4:30p 3 in 1 - Aerobics Muscle Stretch - Jenks Room O4:30p 3 in 1 - Aerobics Muscle Stretch - Jenks Room O4:30p 3 in 1 - Aerobics Muscle Stretch - Jenks Room O4:30p 3 in 1 - Aerobics Muscle Stretch - Jenks Room O4:30p 3 in 1 - Aerobics Muscle Stretch - Jenks Room O4:30p 3 in 1 - Aerobics Muscle Stretch - Jenks Room O4:30p 3 in 1 - Aerobics Muscle Stretch - Jenks Room O4:30p 3 in 1 - Aerobics Muscle Stretch - Jenks Room O4:30p 3 in 1 - Aerobics Muscle Stretch - Jenks Room O4:30p 3 in 1 - Aerobics Muscle Stretch - Jenks Room O4:30p 3 in 1 - Aerobics Muscle Stretch - Jenks Room

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
3	4	5	6	03:00p Yoga & Meditative Movement	8	•
10	09:00a Holiday - Jenks closed - Outside	08:30a STEP & Muscle Exercise with Judy - Cummings Room  08:30a TaiChi - Jenks Room  09:30a Coffee Hour at Jenks - Cafe  09:30a Computer Lab - Computer Room  09:45a Gentle	08:00a FABBS System of Exercise - Cummings Room  08:30a Cribbage - Jenks Dining  08:45a COA Board Meeting - Conference Room Lower Level  09:00a FABBS 9:00 AM Exercise: JENKS - Cummings Room	07:00a The Sicilian Tenors - Off Premises  08:30a STEP & Muscle Exercise with Judy - Cummings Room  08:30a TaiChi 09:00a Conversational English - Conference Room  09:30a Breakfast		08:30a Saturday STEP Exercise with Gail - Cummings Room  09:00a Ping Pong - Jenks Room  09:30a Coffee Hour at Jenks - Cafe  10:00a Mindfulness with Neil Motenko - Cummings Room  10:00a Yarnies - Conference Room Lower Level
		Yoga - Jenks Room 10:00a Italian Conversation - Conference Room Lower Level	09:30a Art Group - Craft Room 09:30a Coffee Hour at Jenks - Cafe	Event - Jenks Room 09:30a Coffee Hour at Jenks - Cafe	09:30a Non Medicare Health Insurance CHINESE TRANSLATION - Craft Room Lower	11:15a Pickleball - Cummings Room 11:30a Cribbage or Saturdays - Jenks Dining
		10:30a Pen Pals - Jenks Dining 11:00a Winchester Community Electricity Updates - Cummings Room	Pressure Clinic with Colleen -	09:30a Computer Lab - Computer Room 09:30a Jenks Chorus - Jenks Room	01:00p Mah Jongg - Jenks Dining	11:30a Flower Arranging with Audrey - Craft Roon Lower Level

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
10	11	11:15a Spanish Conversation - Conference Room Lower Level	10:00a FABBS Exercise: JENKS CENTER - Cummings Room	10:30a STEADI Balance Class - Cummings Room	01:00p Movies at the Jenks - Jenks Room	16 12:15p Ukulele with Shukong - Jenks Room
		12:30p Bridge - Jenks Dining 01:00p Quilting & More - Craft Room 03:00p Aerobics - Cummings Room	10:00a Respite Program - Jenks Room 10:45a French Conversation - Conference Room	11:00a Discussion Group - w/ Mark Gallagher 12:15p Classical Chinese Dance Class - Cummings Room		
		04:30p TaiChi - Beginner Class - Cummings Room  07:00p Virtual: Art Matters with Jane Blair presents A History of Sculpture in Western Civilization - Part 2 - Cummings Room		12:30p Bridge - Jenks Dining  01:00p SHINE - Cafe Conference  01:30p Dr. Staci Gruber Medical Marijuana - Cummings Room  02:00p German Conversation - Conference Room Lower Level  03:00p Muscle Exercise - Cummings Room  03:00p Yoga & Meditative Movement		

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
10	11	12	02:00p BINGO - Jenks Room 04:30p 3 in 1 - Aerobics Muscle Stretch - Cummings Room	14	15	10
17	18 08:00a FABBS System of Exercise - Cummings Room 08:30a Comfort Quilting - Craft Room 09:00a ESL - Jenks Room 09:00a FABBS 9:00 AM Exercise: JENKS - Cummings Room 09:30a Coffee Hour at Jenks - Cafe 09:30a Computer Lab - Computer Lab - Computer Room 10:00a FABBS Exercise: JENKS CENTER - Cummings Room	with Judy - Cummings Room  08:30a TaiChi - Jenks Room  09:15a WSA Board Meeting - Jenks Dining  09:30a Coffee Hour at Jenks - Cafe  09:30a Computer Lab - Computer Room  09:45a Gentle	08:00a FABBS System of Exercise - Cummings Room  08:30a Cribbage - Jenks Dining  09:00a Ask An Attorney - Cafe Conference  09:00a FABBS 9:00 AM Exercise: JENKS - Cummings Room  09:00a Hearing Screenings - Cafe Conference  09:30a Art Group - Craft Room  09:30a Coffee Hour at Jenks - Cafe	with Judy - Cummings Room  08:30a TaiChi 09:00a Conversational English - Conference Room  09:00a Newsletter Mailing - Jenks Dining  09:30a Coffee Hour at Jenks - Cafe	08:00a Podiatrist - Craft Room  09:00a FABBS System of Exercise  09:00a STEADI Balance Class - Cummings Room  09:30a Chinese Calligraphy - Jenks Dining  09:30a Coffee Hour at Jenks - Cafe  09:30a Computer Lab - Computer Room  10:30a Science & Technology - Jenks Room  11:00a Les Misérables with Nate Ramsayer - Cummings Room	08:30a Saturday STEP Exercise with Gail - Jenks Room  09:30a Coffee Hour at Jenks - Cafe  10:00a Mindfulness with Neil Motenko - Jenks Room  10:00a Thanksgivin Farmers Market - Cummings Room  11:30a Cribbage on Saturdays - Jenks Dining

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Sunday 17	11:00a Mens Discussion - Conference Room  12:00p Meet Up Monday Lunch - Jenks Room  01:00p Mah Jongg - Jenks Dining  01:00p Pickleball - Cummings Room  01:00p SHINE -	19 11:15a Spanish Conversation - Conference Room Lower Level  11:30a Staff Training - Network for Social Justice - Jenks Room  12:30p Bridge - Jenks Dining  01:00p Quilting &	Wednesday  20 09:30a Computer Lab - Computer Room  10:00a FABBS Exercise: JENKS CENTER - Cummings Room  10:00a Guided Reiki Infused Meditation - Jenks Dining	10:30a STEADI Balance Class - Jenks Room  11:00a Book Club - Conference Room Lower Level  11:00a Caregivers Support Group - Craft Room Lower Level  11:00a Discussion	01:00p Mah Jongg - Jenks Dining  01:00p Movies at the Jenks - Jenks Room  01:00p SHINE - Cafe Conference  01:30p Pickleball Instruction - Cummings Room  03:00p Dance	Saturday 23
	Cafe Conference  01:30p Conversational English - Conference Room  02:00p Nutrition with Jessy - Jenks Room  04:30p 3 in 1 - Aerobics Muscle Stretch - Cummings Room	More - Craft Room  03:00p Aerobics - Cummings Room  04:30p Dealing with Dementia/Commun ication- MIIA - Jenks Room  04:30p TaiChi - Beginner Class - Cummings Room  07:00p Across Namibia â Birds and Other Stuff with Alan Ankers, - Cummings Room	10:45a French Conversation - Conference Room  11:00a Legal Presentation - Jenks Room  12:00p SHINE - Zoom Conference  01:00p Canasta - Jenks Dining  01:00p iPhone - iPad - Computer - 1 on 1 - Library Lower Level  01:00p Pickleball - Cummings Room	Group - w/ Mark Gallagher  12:00p SHINE - Cafe Conference  12:30p Bridge - Jenks Dining  12:30p Friendsgiving - Cummings Room  03:00p Muscle Exercise - Jenks Room  03:00p Yoga & Meditative Movement	Cardio and Super Stretch - Cummings Room	

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
17	18	19	04:30p 3 in 1 - Aerobics Muscle Stretch - Cummings Room	21	22	23
	System of Exercise - Cummings Room  09:00a ESL - Jenks Room  09:00a FABBS 9:00 AM Exercise: JENKS - Cummings Room  09:30a Coffee Hour at Jenks - Cafe  09:30a Computer Lab - Computer Room  10:00a FABBS Exercise: JENKS CENTER - Cummings Room  01:00p Mah Jongg - Jenks Dining	09:30a Coffee Hour at Jenks - Cafe  09:30a Computer Lab - Computer Room  09:45a Gentle Yoga - Jenks Room  10:00a Italian Conversation - Conference Room Lower Level  10:30a Nourish: Promoting Brain Health - Craft Room	08:00a FABBS System of Exercise - Cummings Room  08:30a Cribbage - Jenks Dining  09:00a FABBS 9:00 AM Exercise: JENKS - Cummings Room  09:30a Art Group - Craft Room  09:30a Coffee Hour at Jenks - Cafe  09:30a Computer Lab - Computer Room  10:00a FABBS Exercise: JENKS CENTER - Cummings Room  10:45a French Conversation - Conference Room		09:00a FABBS System of Exercise 09:00a Holiday - Jenks closed - Outside 09:30a Chinese Calligraphy - Jenks Dining 09:30a Computer Lab - Computer Room 01:00p Movies at the Jenks - Jenks Room	09:00a Ping Pong - Jenks Room 09:30a Coffee Hour at Jenks - Cafe 11:30a Cribbage on Saturdays - Jenks Dining

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
24	01:00p SHINE - Cafe Conference 01:30p Conversational English - Conference Room 02:00p Nutrition with Jessy - Jenks Room 04:30p 3 in 1 - Aerobics Muscle Stretch - Cummings Room	12:00p Traveling Chef - Jenks Room 12:30p Bridge - Jenks Dining 01:00p Quilting & More - Craft Room 04:30p TaiChi - Beginner Class - Cummings Room 07:00p Oxford & Somerset with the Traveling Librarian with Jeff Klapes, - Cummings Room	01:00p Canasta - Jenks Dining 01:00p iPhone - iPad - Computer - 1 on 1 - Library Lower Level 01:00p Pickleball - Cummings Room 02:00p BINGO - Jenks Room	28	29	30