Printed on 01/21/2025

The Jenks Center

January 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
29	30	31	1 09:00a Holiday - Jenks closed - Outside	2 08:30a Cardio/Muscle Pump - Cummings Room 08:30a TaiChi 09:00a Conversational English - Conference Room Lower Level 09:30a Coffee Hour at Jenks - Cafe 09:30a Computer Lab - Computer Room 09:30a Jenks Chorus - Jenks Room 09:30a Jenks Chorus - Jenks Room 10:00a Meet and Greet with Blue - Back lobby 10:30a STEADI Balance Class - Cummings Room	3 09:00a FABBS	4 08:30a Saturday STEP Exercise with Gail - Cummings Room 09:30a Coffee Hour at Jenks - Cafe

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
29	30	31	1	2	3 03:00p Dance Cardio and Super Stretch - Cummings Room	4
5	6 09:00a ESL - Jenks Room 09:00a FABBS 9:00 AM Exercise: JENKS - Cummings Room 09:00a FABBS System of Exercise 09:30a Coffee Hour at Jenks - Cafe 09:30a Computer Lab - Computer Room	7 08:30a Cardio/Muscle Pump - Cummings Room 08:30a TaiChi - Jenks Room 09:00a Tax Programs Prep - Craft Room Lower Level 09:30a Coffee Hour at Jenks - Cafe	8 08:30a Cribbage - Library 08:45a COA Board Meeting - Conference Room Lower Level 09:00a Ask An Attorney - Cafe Conference 09:00a FABBS 9:00 AM Exercise: JENKS - Cummings Room	9 08:30a Cardio/Muscle Pump - Cummings Room 08:30a TaiChi 09:00a Conversational English - Conference Room 09:30a Coffee Hour at Jenks - Cafe 09:30a Computer Lab - Computer Room	10 09:00a FABBS System of Exercise 09:00a STEADI Balance Class - Cummings Room 09:30a Chinese Calligraphy - Jenks Dining 09:30a Coffee Hour at Jenks - Cafe 09:30a Computer Lab - Computer Room	11 08:30a Saturday STEP Exercise with Gail - Cummings Room 09:00a Ping Pong - Jenks Room 09:30a Coffee Hour at Jenks - Cafe 09:30a Computer Lab - Computer Room 11:30a Cribbage on Saturdays - Jenks Dining

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
5	 ⁶ 10:00a FABBS 10:00 AM Exercise: JENKS - Cummings Room 11:00a Meet Up Monday Lunch - Jenks Room 01:00p Mah Jongg - Jenks Dining 01:00p Pickleball - Cummings Room 01:00p SHINE - Zoom Conference 01:30p Conversational English - Conference Room 04:30p 3 in 1 - Aerobics Muscle Stretch - Cummings Room 	 7 09:30a Computer Lab - Computer Room 10:00a Italian Conversation - Conference Room 11:15a Spanish Conversation - Conference Room Lower Level 12:00p Ping Pong - Jenks Room 12:30p Bridge - Jenks Dining 01:00p Quilting & More - Craft Room 04:30p TaiChi - Beginner Class - Jenks Room 07:00p The Ukraine War Consequences- Expected and Unexpected with Henry Quinlan - Cummings Room 	 8 09:00a FABBS System of Exercise 09:30a Art Group - Craft Room 09:30a Coffee Hour at Jenks - Cafe 09:30a Computer Lab - Computer Room 10:00a FABBS 10:00 AM Exercise: JENKS - Cummings Room 10:00a Respite Program - Jenks Room 10:45a French Conversation - Conference Room 01:45a French Conversation - Conference Room 01:00p Canasta - Jenks Dining 01:00p iPhone - iPad - Computer - 1 on 1 - Library Lower Level 01:00p Pickleball - Cummings Room 	Room 10:30a STEADI Balance Class - Cummings Room 11:00a Caregivers Support Group -	 10 10:30a Science & Technology 11:00a Pickleball - Cummings Room 01:00p Mah Jongg Jenks Dining 01:00p Movies at the Jenks - Jenks Room 01:30p Pickleball Instruction - Cummings Room 03:00p Dance Cardio and Super Stretch - Cummings Room 	11 11:30a Pickleball - Cummings Room 12:15p Ukulele with Shukong - Craft Room Lower Level 01:00p Saturday Bridge with Bob Gaudet - Jenks Room

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
5	6	7	8 01:00p Poetry Group 04:30p 3 in 1 - Aerobics Muscle Stretch - Cummings Room	 9 01:30p Solo Ager Planning Committee - Conference Room Lower Level 02:00p German Conversation - Craft Room Lower Level 03:00p Muscle Exercise - Cummings Room 03:00p Yoga & Meditative Movement 	10	11
12	13 08:00a Trust Meeting - Conference Room Lower Level 08:30a Comfort Quilting - Craft Room 09:00a ESL - Jenks Room 09:00a FABBS 9:00 AM Exercise: JENKS - Cummings Room	14 08:30a Cardio/Muscle Pump - Cummings Room 08:30a TaiChi - Jenks Room 09:00a Tax Programs Prep - Craft Room Lower Level 09:30a Coffee Hour at Jenks - Cafe	15 08:30a Cribbage - Jenks Dining 09:00a FABBS 9:00 AM Exercise: JENKS - Cummings Room 09:00a FABBS System of Exercise 09:00a Manicures - Cafe Conference 09:30a Art Group - Craft Room	16 08:30a Blood Sugar Clinic Chinese Population - Jenks Dining 08:30a Cardio/Muscle Pump - Cummings Room 08:30a TaiChi 09:00a Conversational English - Conference Room	09:00a STEADI Balance Class - Cummings Room 09:30a Chinese Calligraphy - Jenks	 18 08:30a Saturday STEP Exercise with Gail - Cummings Room 09:00a Ping Pong - Jenks Room 09:30a Coffee Hour at Jenks - Cafe 09:30a Computer Lab - Computer Room

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
12	13	14	15	16	17	18
	09:00a FABBS System of Exercise	09:30a Computer Lab - Computer Room	09:30a Coffee Hour at Jenks - Cafe	09:30a Coffee Hour at Jenks - Cafe	09:30a Computer Lab - Computer Room	10:00a Yarnies - Craft Room Lower Level
	09:30a Coffee Hour at Jenks - Cafe 09:30a Computer Lab - Computer	10:00a Blood Pressure Clinic with Colleen - Nurses Office Lower Level	09:30a Computer Lab - Computer Room 10:00a FABBS	09:30a Computer Lab - Computer Room 09:30a Jenks	09:30a Ping Pong - Jenks Room 11:00a Pickleball - Cummings Room	11:30a Aging with Wisdom with Olivia A.H Cummings Room
	Room 10:00a FABBS 10:00 AM	10:00a Italian Conversation -	10:00 AM Exercise: JENKS - Cummings Room	Chorus - Jenks Room	01:00p Mah Jongg - Jenks Dining	11:30a Cribbage on Saturdays - Jenks Dining
	Exercise: JENKS - Cummings Room	Conference Room	10:00a Guided Reiki Infused	10:00a Meetings - Cafe Conference	01:00p Movies at the Jenks - Jenks Room	Ū.
	11:00a Legacy of Hands - Back	10:30a Pen Pals - Jenks Dining 11:00a The	Meditation	10:30a STEADI Balance Class - Jenks Room	01:30p Pickleball Instruction -	
	lobby 11:00a Mens	Headlines & Hits with John Clark - Cummings Room	Conversation - Conference Room	11:00a Chinese New Year Celebration -	Cummings Room 03:00p Dance	
	Discussion - Conference Room	11:15a Spanish Conversation -	11:00a Legal Presentation - Jenks Room	Cummings Room	Cardio and Super Stretch - Cummings Room	
	12:00p Meet Up Monday Lunch - Jenks Room	Conference Room Lower Level	01:00p Canasta - Jenks Dining	11:00a Discussion Group - w/ Mark Gallagher		
	01:00p Mah Jongg - Jenks Dining	12:00p Ping Pong - Jenks Room	01:00p iPhone - iPad - Computer - 1 on 1 - Library	11:00a Legacy of Hands - Back lobby		
	01:00p Pickleball - Cummings Room 01:00p SHINE - Cafe Conference	12:00p Science & Technology Forum Meeting - Cafe Conference	Lower Level 01:00p Pickleball - Cummings Room	12:30p Bridge - Jenks Dining 01:00p SHINE -		
				Cafe Conference		

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
12	13 01:30p Conversational English - Conference Room 04:30p 3 in 1 - Aerobics Muscle Stretch - Cummings Room	14 12:30p Bridge - Jenks Dining 01:00p Quilting & More - Craft Room 01:00p SHINE - Zoom Conference 04:30p TaiChi - Beginner Class - Cummings Room 07:00p Migration - The Great Journey with David Williams - Cummings Room	04:30p 3 in 1 - Aerobics Muscle Stretch - Cummings Room	16 03:00p Muscle Exercise - Cummings Room 03:00p Yoga & Meditative Movement	17	18
19	20 09:00a Holiday - Jenks closed - Outside	21 08:30a Cardio/Muscle Pump - Cummings Room 08:30a TaiChi - Jenks Room 09:15a WSA Board Meeting - Jenks Dining 09:30a Coffee Hour at Jenks - Cafe 09:30a Computer Lab - Computer Room	22 08:30a Cribbage - Jenks Dining 09:00a FABBS 9:00 AM Exercise: JENKS - Cummings Room 09:00a FABBS System of Exercise 09:30a Art Group - Craft Room 09:30a Coffee Hour at Jenks - Cafe	09:00a Conversational English -	24 08:00a Podiatrist - Craft Room 09:00a FABBS System of Exercise 09:00a STEADI Balance Class - Cummings Room 09:30a Chinese Calligraphy - Jenks Dining 09:30a Coffee Hour at Jenks - Cafe	25 08:30a Saturday STEP Exercise with Gail - Cummings Room 09:00a Ping Pong - Jenks Room 09:30a Coffee Hour at Jenks - Cafe 09:30a Computer Lab - Computer Room 10:00a Mindfulness with Neil Motenko - Cummings Room

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
19	20	21	22	23	24	25
		09:45a Gentle Yoga - Jenks Room	09:30a Computer Lab - Computer Room	09:30a Computer Lab - Computer Room	09:30a Computer Lab - Computer Room	11:30a Cribbage on Saturdays - Jenks Dining
		10:00a Italian Conversation - Conference Room	10:00a FABBS 10:00 AM Exercise: JENKS - Cummings Room	09:30a Jenks Chorus - Jenks Room	10:30a Science & Technology 11:00a Dead Sea	12:15p Ukulele with Shukong - Craft Room Lower Level
		11:15a Spanish Conversation - Conference Room Lower Level	10:00a Respite Program - Jenks Room	10:30a STEADI Balance Class - Cummings Room	Scrolls Part 1 with Nate Ramsayer - Cummings Room	03:00p The Gentlemensongsters with Geoff Bird, Chorus Manager -
		12:00p Ping Pong - Jenks Room 12:30p Bridge - Jenks Dining 01:00p Quilting & More - Craft Room 04:30p TaiChi - Beginner Class - Cummings Room 07:00p Yucatan â Mayan Ruins with the Traveling Librarian, Jeff Klapes - Cummings Room	Room 10:45a French Conversation - Conference Room 01:00p Canasta - Jenks Dining 01:00p iPhone - iPad - Computer - 1 on 1 - Library Lower Level 01:00p Pickleball - Cummings Room 04:30p 3 in 1 - Aerobics Muscle Stretch - Cummings Room	Group - w/ Mark Gallagher 12:00p Ping Pong - Jenks Room 12:15p Classical Chinese Dance Class - Cummings Room 12:30p Bridge - Jenks Dining 01:00p SHINE - Cafe Conference 02:00p German Conversation -	01:00p Mah Jongg - Jenks Dining 01:00p Movies at the Jenks - Jenks Room 01:30p Pickleball Instruction - Cummings Room 03:00p Dance Cardio and Super Stretch - Cummings Room	Cummings Room
				Conference Room Lower Level 03:00p Muscle Exercise - Cummings Room		

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
19	20	21	22	23 03:00p Yoga & Meditative Movement	24	25
26	27 09:00a ESL - Jenks Room 09:00a FABBS 9:00 AM Exercise: JENKS - Cummings Room 09:00a FABBS System of Exercise 09:30a Coffee Hour at Jenks - Cafe 09:30a Computer Lab - Computer Room 10:00a FABBS 10:00 AM Exercise: JENKS - Cummings Room 11:00a Mens Discussion - Conference Room 12:00p Meet Up Monday Lunch - Jenks Room	Cafe 09:30a Computer Lab - Computer Room 09:45a Gentle Yoga - Jenks Room 10:00a Italian Conversation - Conference Room 10:30a Nourish: Promoting Brain	29 08:30a Cribbage - Jenks Dining 09:00a FABBS 9:00 AM Exercise: JENKS - Cummings Room 09:00a FABBS System of Exercise 09:30a Art Group - Craft Room 09:30a Coffee Hour at Jenks - Cafe 09:30a Computer Lab - Computer Room 10:00a FABBS 10:00 AM Exercise: JENKS - Cummings Room 10:45a French Conversation - Conference Room	 ³⁰ 08:30a Cardio/Muscle Pump - Cummings Room 08:30a TaiChi 09:00a Conversational English - Conference Room 09:00a Finance Committee Meeting - Jenks Dining 09:30a Coffee Hour at Jenks - Cafe 09:30a Computer Lab - Computer Room 09:30a Jenks Chorus - Jenks Room 10:30a STEADI Balance Class - Cummings Room 	 ³¹ 09:00a FABBS System of Exercise 09:00a STEADI Balance Class - Cummings Room 09:30a Chinese Calligraphy - Jenks Dining 09:30a Coffee Hour at Jenks - Cafe 09:30a Computer Lab - Computer Room 11:00a Dead Sea Scrolls Part 2 with Nate Ramsayer - Cummings Room 01:00p Mah Jongg - Jenks Dining 01:00p Movies at the Jenks - Jenks Room 	

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
26	27 01:00p Mah Jongg - Jenks Dining 01:00p Pickleball - Cummings Room 01:30p Conversational English - Conference Room 02:00p Nutrition with Jessy - Jenks Room 04:30p 3 in 1 - Aerobics Muscle Stretch - Cummings Room 09:00p SHINE - Zoom Conference	28 11:15a Spanish Conversation - Conference Room Lower Level 12:30p Bridge - Jenks Room 01:00p Quilting & More - Craft Room 01:30p Piano Tuning - Cummings Room 03:00p Suzanne Program Planning Meeting - Conference Room Lower Level 04:30p TaiChi - Beginner Class - Cummings Room 05:30p Comfort Quilting - Craft Room 07:00p Pirates of the Mediterranean with Professor Sancinito - Cummings Room	29 11:00a Friendly Feud - Craft Room Lower Level 01:00p Canasta - Jenks Dining 01:00p iPhone - iPad - Computer - 1 on 1 - Library Lower Level 01:00p Nia: Moving to Heal - Jenks Room 01:00p Pickleball - Cummings Room 02:00p BINGO - Jenks Room 04:30p 3 in 1 - Aerobics Muscle Stretch - Cummings Room	30 11:00a Caregivers Support Group - Craft Room Lower Level 11:00a Discussion Group - w/ Mark Gallagher 12:15p Classical Chinese Dance Class - Cummings	11:30p Pickleball Instruction - Cummings Room 03:00p Dance Cardio and Super Stretch - Cummings Room	Saturday